

CONTACT US The Valley Profile office will close for a holiday break on December 24, and reopen on January 10

The Valley Profile is a community newspaper that delivers 100% local news in the Thames Valley region. We deliver 12,600 copies each Wednesday to every letterbox, reaching approximately 30,000 readers in Hauraki Plains, Paeroa, Thames, Thames Coast and surrounding rural areas, plus bulk distribution around the **Coromandel Peninsula.** NEWS/EDITORIAL **Fditor** Teresa Ramsey Ph 0204 0944 853 editor@valleyprofile.co.nz Senior Reporter Kellev Tantau Ph 022 619 4889 kelley@valleyprofile.co.nz **Reporter** Gordon Preece Ph 022 174 3988 gordon@valleyprofile.co.nz ADVERTISING Ad manager Nikki Sanders Ph 022 1303 885 Email: nikki@valleyprofile.co.nz **MISSED PAPERS/ADMIN** Ph 027 396 2459 Email: admin@valleyprofile.co.nz **OFFICE: 2 QUEEN STREET, PAEROA** www.valleyprofile.co.nz



of the display a d v ert is e m ents in The Valley Profile, then email admin@valleyprofile.co.nz or Ph/ txt 027 396 2459 with your full name, the business name and page number of the ad by the following Monday to go in the draw to WIN a car valet from Thames Autos worth \$150! The prize is drawn at the end of each month.

Thames Autos



OPINION By TERESA RAMSEY, editor

It's been a huge year for news and also for the *Valley Profile*, which has continued to dominate as our region's number one community newspaper for local power and advortiging

for local news and advertising. As well as breaking national stories, we've continued to share the stories of our muchloved locals and supported charity events able to continue amid Covid-19 disruptions.

The Profile has a strong focus on journalism, which has contributed to its fast growth and huge popularity. Our aim is to cram as much local news into our pages as we can. Despite having competing community newspapers in this region, we are the only paper which has reporters on the ground, and we are all locals with a huge passion for our home turf.

However, during the rollercoaster that has been 2021, we have unfortunately also copped a bit of flack from a few individuals just for doing our jobs.

Sadly, the anti-vax narrative has spilled over to attacking the media, ourselves included.

In a misinformed text, I was recently accused of "pushing the government narrative" and publishing stories that "fear monger and promote hate". I don't recall any stories fitting that bill, unless grass roots reporting on what's happening in our region, celebrating our community champions with



PHOTO OF THE YEAR: Reporter Kelley Tantau took this amazing pic of Sasha Flooks' kid goat Pineapple getting up close and personal at Hikutaia School's Calf Club day in October.

profile pieces or previewing charity events is somehow "fear mongering".

Thankfully, the majority of our readers love *The Profile* and appreciate the hard work that goes into producing each weekly issue to keep our people informed, and only a handful of extremely rude and misinformed correspondents have been spending a bit too much time on social media being

sucked into the negative antivax rhetoric.

I've also recently been asked if the government now controls what we publish after *The Profile* received Public Interest Journalism Funding through NZ On Air, enabling us to employ another reporter.

So far, I haven't received any phone calls from the government trying to tell me what to print - and I don't expect to. Ever. If that were a condition of the funding, I wouldn't have applied. Again, those with their own twisted agenda continue to spread hate and misinformation through social media and beyond.

Free press is the bedrock of any democracy - it's a journalist's job to hold those in power to account. It's our role to discover the truth, to sit for hours **CONTINUED P7**

Kitchenware that lasts a lifetime and just like the recipes, can be enjoyed by many generations





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Temporary speed change welcomed

By KELLEY TANTAU, Public Interest Journalism funded by NZ On Air

arangahake Gorge residents Karangahake Gorge residence are welcoming a decision to reduce a stretch of the dangerous tota highway to 50km/h over

reduce a stretch of the dangerous state highway to 50km/h over summer, but those who traverse the road daily hope to see it be-come a permanent change. The speed reduction between Crown Hill Rd and School Rd be-gan on Monday and will remain in place over the Christmas and New Year break. Waka Kotabi NZ. Transport

Year break. Waka Kotahi NZ Transport Agency said the short-term re-duction from the normal 80km/h speed limit was being put in place to ensure the safety of motorists, as well as people walking and cycling through the popular Karangahake Gorge Historic Walkway area dur-

ing the busy summer period. The team at the Talisman Cafe, Karen, Dave, and Leanne Drake, told *The Profile* they were pleased that "finally" after 40 years as part of the community, the transport agency had recognised there was "a massive issue around safety, conceilely, with the grane growing especially with the ever-growing popularity of the gorge". "The volume of traffic here and

issues around parking, plus enter-ing and exiting the reserve, were extremely dangerous so it's great to see it dropped to 50km/h," they said.

"Ultimately, having this perma-nent and not short-term is the best and safest option." However, the family and other

residents of the community be-lieved the speed reduction would

have to be policed, in order for it to have full effect. One resident asked for cam-

eras to be installed by the Talisman Cafe, which sits opposite the main entrance to the Karangahake walkway area, as well as signs placed before each corner and markings on the road.

"It has been a long push from the community, and even [dis-trict] council, so we are pleased NZTA have started something to make the road here safer," the Drakes said.

The speed reduction comes months after Waka Kotahi re-leased their engagement summary for its safer speed review of SH2, Mangatarata to Katikati. Twenty-one deaths and 95 se-

rious injuries occurred along this stretch of road between 2010 and 2019. In July, SH2 at the Karan-gahake Gorge was closed for more than seven hours after a crash crit-ically injured two people and seriously injured another. The same month, a pedestrian was seriously injured after being struck by a car along the same stretch.

rangahake residents who strongly supported a speed reduction in the gorge. In it, they requested support for reducing the speed to 60km/h or less, as well as double yellow lines, turning bays and safer crossing points.

Public Interest Journalism lunced through

By GORDON PREECE

Thames High School outdoor education students have carved their understanding of seasonal changes.

Massey University researcher, Paul Schneider and local carv-ers Fatu Feu'u and Darin Jenkins guided 13 students on a three-day carving workshop in Mid-November as part of Paul's climate change research and the Calendars Project, which explores relationships between how institutions in Coromandel and Bergen, Norway live by seasons

"It's all about building relationships with people overtime and getting a feel for the seasonal rhythms underlying their yearly, daily and monthly activities," he said

"When you look at how people live by seasons, a very important question is what if these seasons are no longer how you'd expect them to be?

"If climatic conditions change, what does this mean for institu-tions like schools where there is talk to change when the summer holidays take place because increasingly what people are ex-periencing is that it gets hotter when kids go back in February." Paul, who lives on the Thames

Coast, was invited by Thames High's outdoor education coor-dinator Trif Sitnikoff to key seasonal activities, including their winter survival camp. During the camp, when students were sitting around a fire and telling stories, Paul observed they were naturally drawn to wood carving so the idea came up to get the



Thames High School Year 13 outdoor education students on the first day of the workshop. Photo: SUPPLIED/JAMES MU

students to carve their own calendar with a Coromandel spin.

Students carve seasonal change calendars

"The interesting thing with children is they don't have an agenda and they're not really shaped by things like the work-ing routine. They still have a potentially incort diagonal the potentially innocent view of the seasonal rhythms, so that's why we thought it would be a great opportunity to get them to be creative and understand how they think about the year," Paul saið

"Does the year for them start in January or at another time and what are the key symbols they can think of as part of those sea-sonal rhythms which they look forward to or feel anxious about.

Paul said students found carv-ing their calendars rewarding. The outcomes were in a lot of cases very beautiful where some took the lunar calendar as their underlying motto and others kept it simple by using two or three symbols throughout the year," Paul said.

"We found that some children really look forward to summer because its longer days, its warmer and it's more of an easy life whereas others really look forward to winter because that's when they have key activities like sport

Paul also conducted monthly bush walks with Te Puru School's year eight class this year and plans to do the Calendars Pro-ject with them in the future. The 16 students took details of what caught their attention in certain locations and then on the next trip would revisit those locations

and take note of any changes. "While there were only subtle changes, they were still able to pick up on things like bird song, moisture in the ground, water temperature, the green tones of the fresh groves, and the fruiting of kawakawa trees," he said.

"So over the year their awareness was sharpened in under-standing the seasonal rhythms in a natural setting."



The agency's speed review at-tracted a petition signed by 46 Ka-



Your Thames, Tomorrow takes off

We held three well-attended public meetings, plus a video meeting, on our Spatial Plan recently, and our communities were eager to discuss how they want Thames and surrounds to grow over the next 30 plus years.

> SUMMER TIPS & INFORMATION

There are lot of things you may need to know about our Council services over the summer. It can all be found at tcdc.govt.nz/summerinfo

 Council Facilities and COVID-19 **My Vaccine Pass**

The Pass will only be required to enter our Council's public facilities if the Coromandel has cases of community transmission of the virus. Under the government's traffic light system we are in ORANGE. tcdc.govt.nz/COVID-19

Water conservation

Water restrictions are likely to be in place this summer. In our district our water comes from rivers, streams and aquifers. For water saving tips and restriction updates tcdc.govt.nz/waterrestrictions

- Alcohol bans in public places • Our district has year-round, 24/7 town centre alcohol bans, plus additional Christmas and New Year alcohol bans on many of our beaches and seaside reserves. Find locations and dates here:

tcdc.govt.nz/alcoholcontrol •



checkitsalright.nz and stay safe over summer.

Events At Orange, events can go ahead, but need to be

managed under the COVID-19 protection framework with the event organiser responsible. Check out what's happening around the coromandel tcdc.govt.nz/events



tede.govt.mz/de

It is an important umbrella project which brings together our efforts to accelerate housing growth for Thames with our critical Shoreline Management work that will help us adapt to the coastal inundation and erosion risks that our district is facing.

It's not too late to get involved. An online survey and lots of background information is on our website: tcdc.govt.nz/yourthamestomorrow



Our Council Christmas operating hours

- Friday 24 December 8am–3pm
- Monday 27 December -
- Tuesday 4 January Closed Wednesday 5 January – Open regular hours Applies to all our offices and district libraries.

Our call centre, bylaws staff and contractors will be available during this period to attend to urgent matters. Call us on 07 868 0200.

Christmas at Create the Vibe

The Create the Vibe Thames area on Mary Street is looking streetlights. been lots going

 Christmas display, music.

space, return the form on



tcdc.govt.nz/createthevibethames

Get our free eNewsletters! www.tcdc.govt.nz/subscribe



www.facebook.com/ ThamesCoromandelDistrictCouncil

Government cuts roading funding

A cut in the Waka Kotahi (NZ Transport Agency) subsidy for improvements to Council roads and footpaths means that many of the projects in this category identified in the Long Term Plan will be delayed, reduced in size or scope, or potentially not carried out.

Waka Kotahi has approved funding of up to \$4,940,000 over this period, with approved projects already confirmed by the transport agency totalling \$3,615,500. This leaves \$1,325,000 of subsidy available for other Council projects valued at \$7,018,272.

Our Council has decided that the available subsidy should go towards the improvement of the Te Kouma Road intersection with State Highway 25, to support the expansion of Te Ariki Tahi/Sugarloaf Wharf – an economic development project which has investment from the Provincial Growth Fund (\$19.95 million) and Waikato Regional Council (\$2 million). The wharf expansion will allow for growth in the mussel farming and aquaculture industry and create jobs in the region.

What do you think of the **Thames Connector?**

Our Council wants your thoughts on the existing



Thames Connector public bus service, how you use it, and whether it should be extended – possibly to Kopū or Te Puru.

We'd also like your feedback on a possible new public transport service from Coromandel Town to Thames.

Go to tcdc.govt.nz/transportsurvey to complete a short survey.

Summer Kerbside Collections

Starting from 28 December until 8 February 2022, the Thames Coast and Manaia area has weekly wheelie bin and glass crate recycling collections to go with the blue Council bag pick-ups.



Thames town and Thames Rural South down to Hikutaia collection schedules don't change over this period.

tcdc.govt.nz/kerbside

Thames Refuse Transfer Station has extended hours from 17 December to 20 February 2022.

Mon-Fri: 8.30am-5.30pm Sat, Sun and public holidays: 10.30am-5.30pm Closed Christmas Day and New Year's Day

tcdc.govt.nz/rts

www.coromandel.govt.nz

customer.services@tcdc.govt.nz Private Bag, 515 Mackay St, Thames, Phone: 07 868 0200

festive with the addition of a Christmas tree and laurel wreaths on the The safety barriers around the tree have

been removed and there has on, already:

storytelling,

To book the

Swampfoxes donate \$30,000 to Goldfields

By GORDON PREECE

Paeroa's Goldfields School has received a \$30,000 donation from Thames Valley Rugby Union.

Thames Valley Swampfoxes Head Coach David Harrison said the reason for last Monday's donation began four years ago when former Head Coach Matt Bartleet wanted to create more community connections.

"We were searching for a group we thought we could connect with and help make a difference and Goldfields School was an obvious choice for us," he said. Mr Harrison said the main

money maker was from the auction of their Goldfield stu-dents-designed jersey after their 50-15 win against King Country in a charity match in October October.

"We've got some great com-munities who support it and some of the money people pay is pretty humbling," he said.

Mr Harrison also said they were lucky this year to have a jeweller donate diamond ear-

jeweller donate diamond ear-rings that were raffled off, which gave them a bit more money, with the union also top-ping up to give them \$30,000. "It's the most we've raised in a single season," he said. Goldfields School principal Cam Mckenzie said the dona-tion was "great" and would be spent on a contribution toward the school's \$60,000 new disa-bled van, an important asset bled van, an important asset for the school.

PH: 07 868 3985 / MOB: 0274 726 627

STAR FARMER AND ADDRESS



"We're going to put the Swamp Foxes logo on the side of the van to recognise their contributions and take them

around with us," he said. "Our students go all round the community in the van for work experience, class trips, horse riding and the park." Mr Mckenzie said while the school loved donations it

was the relationship with the Swampfoxes that was more im-

portant. "They really care about our students and they want to give back, and their whole mindset is they want to make their players better men. They think that being involved with us helps keep those players grounded and think of other people who

aren't as advantaged as them," he said. "Thanks to the Swampfoxes

and congratulations for getting through a tough season." Goldfields School students

also helped design the charity jersey in 2018 for their match against Horowhenua-Kapiti, and in 2019 for their match against South Canterbury.

Council passes vaccine mandate

All Waikato District Council staff and visitors must now be fully vaccinated against Covid-19 to access its facilities, offices or out in the field, effective immediately.

Staff will have until January 31 to comply with the require-ment but will not be able to enter council workplaces unless they are fully vaccinated.

Visitors to the council's corporate offices will also need to show proof of vaccination. During a two-week consul-

tation with staff, the council heard from around half its workforce. Of those who re-sponded, 74 per cent agreed with the proposal, 20 per cent disagreed and a further 6 per

cent were unsure. Council chief executive Gavin Ion said a risk assessment carried out in all areas of the organisation showed the inherent risk posed to staff while carrying out their duties was too high without vaccination.

"Our council vision is to build liveable, thriving and connected communities and we believe that implementing this policy for the protection of our people, their whanau, our customers and communities, remains the most important part of us being able to achieve this vision in the world that we now find ourselves living in

Council said its policy will be reviewed and adjusted as needed to reflect up-to-date public health advice and any new requirements introduced by the government.



Winner of Rural & Primary Industries 2021 Business Award

MOB: 021 060 7659 **COVERING THAMES, HAURAKI** & COROMANDEL PENINSULA



Amohia ake te ora o te iwi, ka puta ki te wheiao. To protect the wellbeing of our people is paramount.

KIAPAING AHARARED - HAPPY HOLDAYS Plan for a fun and healthy Waikato summer

A MESSAGE FROM WAIKATO DHB

Kia ora e te whānau,

We are all looking forward to a great summer with our whānau, after a year when we have had to work hard together as a community to meet challenges.

As Kiwis get out and about over the holidays we expect to see increased numbers at our local summer destinations. It's important that while we're enjoying the break, we also take steps to protect ourselves, our whānau, and those communities we are visiting. The best thing you can do is to get your COVID-19 vaccination and ensure you follow the guidance in line with the local traffic light settings.

Health providers across the region are preparing to support additional numbers, just as they do every summer. At the same time, visitors should be aware that they are coming to smaller communities so need to take care and

be prepared while on holiday.

It is important to have a plan in case you or your whānau need to isolate following a positive COVID-19 test or you're notified of a close contact with a case.

Waikato District Health Board

This means having enough food and any health supplies readily available where you are staying, or a plan for how you will return directly home to isolate. If you are unable to return home safely, you will be supported to isolate in accordance with the COVID-19 Care in the Community programme.

We wish you and your whānau a safe and happy Christmas and wonderful New Year.

Dr Kevin Snee – Chief Executive



STAY SAFE THIS SUMMER

Get vaccinated

Vaccination is the best protection against COVID-19, so we encourage you to be fully vaccinated before you go on holiday.

Walk-ins are available at many sites throughout Waikato, with vaccinations provided at DHB sites, from GPs and pharmacies. To find a walk-in today or book go to **BookMyVaccine.nz** or call **0800 28 29 26**.

covering.

Keep up healthy habits to help protect you, your whānau, and your community.



Stay home if you are unwell.



Regularly wash and thoroughly dry your hands or use hand sanitiser.



Wear a mask or face

Sneeze and cough into vour elbow.

> Clean or disinfect shared surfaces often.



If you have cold, flu or COVID-19 symptoms you should get a test.

If you or anyone in your home is sick, do not host gatherings or invite people over. Do not place pressure on people to attend events if they are sick. Encourage friends and whānau who are unwell to get tested for COVID-19. Continue to check the locations of interest at www.health.govt.nz/locationsofinterest and follow the instructions on what to do.

Contact COVID-19 Healthline on 0800 358 5453 for advice and to arrange to get tested or visit www.healthpoint.co.nz/ covid-19 for details of the nearest testing service. For local Waikato updates visit www.facebook.com/WaikatoDHB



More info (C) covid19.govt.nz | www.waikatodhb.health.nz/covid19 | www.health.govt.nz/covid-19

HEALTHCARE IN THE WAIKATO DURING SUMMER

Local medical centres will be providing some health services during the holidays for non-urgent health care, however some may be closed or have limited hours. Check www.healthpoint.co.nz for local details. We recommend visitors check in with their GP at home to see what telehealth services they may be able to provide.

Unwell? unsure? GP clinic closed?

Call Healthline 0800 611 116 and talk to a health professional - free 24 hour advice. They will tell you the best place to go.

Visit a pharmacy

Visit a pharmacy if you want advice on a broad range of minor medical issues or health concerns. A pharmacist is a qualified health professional who can give advice.

Need to talk? 1737

Free call or text 1737 any time to talk with a trained counsellor. It's completely free and available 24 hours a day, 7 davs a week.

HOT SUMMER TIPS



SLIP-SLOP-SLAP-WRAP Don't forget to cover up, slop on plenty of SPF 30+ sunscreen (even if it is shady), slap on a hat and wrap

on some sunglasses Drink lots of water - keep hydrated Healthcare options in Thames

Te Korowai Hauora o Hauraki have a summer clinic for nonurgent health care at Thames Hospital that will be open Monday to Friday 8am to 4.30pm.

Thames Medical Centre will continue to provide a general practice clinic at the Thames Hospital Emergency Department on Saturdays 9am to 3pm. Charges may apply for clinic services.

Dial 111 for emergencies

For emergencies and urgent medical attention dial 111 or go to your nearest hospital **Emergency Department.**

WATER SAFETY Don't leave children alone

warnings

near water, even for a minute

Use life jackets when doing

water sports or on a boat



- Clean surfaces, utensils and hands with soap and water Wash all produce under running water before eating, cutting or cooking
- Keep raw seafood, meat and chicken away from fresh produce
- Don't leave food at room temperature for longer than one hour
- Obey all the safety signs and

BE PREPARED

Make sure you have everything you need

- Know you're healthy before you go. If you are unwell, stay at home
- If you or someone travelling with you tests positive for COVID-19. Have a plan for how you will return home and make sure you have everything you need for you and your whānau for 20 days. The local area you are visiting may have

You and everyone you are staying with should not leave the place where you are isolating for any reason, unless advised to do so by the health team, or in an emergency when you have called 111.



General hygiene and safety

Face masks/covering

limited services.

- Hand sanitiser
- Disposable gloves
- **Cleaning products** Ziplock bags to store food
- Tissues
- **Toilet rolls**
- Extra supplies of prescriptions in case of a longer stay
- Non-prescription medications (e.g. pain relief, fever reducers)
- Toiletries
- Sunscreen First Aid kit
- Ice packs
- Rubbish bags
- on any prescriptions

Stock up

Batteries before you travel!

Food and drinks Canned food ()

- Rice, pasta, lentils
- C Flour

 \bigcap

- Butter, cheese
- Long Life milk
- Eggs
- Meat to put in freezer
- Sauces and seasonings
- Tea or coffee
- Instant noodles
- Fruit and vegetables that will last
- Non-perishable snacks
- Clean drinking water

For baby

- Baby food and snacks
- Baby formula
- Milk bottles
- Nappies
- Ointments, medicines
- Baby wipes
- For pets Pet food



eadly roads, protests, Covid-19, awards and medals

CONTINUED FROM P2

in public meetings, get both sides of an issue and provide accurate, unbiased, independent facts to our communities

Without our team of qualified and experienced journalists, our communities would not have known about the proposed bus route changes that put children at risk on our deadly highways back in April, or how the com-munity and businesses were feeling about closing the main route into Thames' main street to create The Vibe. In March, we published a road safety campaign investigating the state of our deadly roads, including the number of fatalities and serious crashes, and informed locals of our most deadly roads and what they can do to keep safe. We were the only reporters to

sit down with our Queen Service Medal recipients, Rowan Gar-rett and Louisa Humphry, who have selflessly done so much for our communities over many decades. And in June, we were the only news organisation with a reporter on the ground covering the Ngāti Hako protest out-side the Hauraki District Council hearing to renew resource consent at the Tirohia landfill.

Our excellent journalism continued with coverage of our Paralympic medallist, Danielle Aitchison, and we pulled some very seriously long hours to inform our communities when Covid-19 crossed the Auckland border into Kaiaua and Mangatangi School. Our Covid-19 coverage continued when we broke





Photographic highlights from 2021 the national story of TCDC Mayor Sandra Goudie refusing the Pfizer vaccine in October, a story that resulted in several angry phone calls and emails from readers who insisted on "shooting the messenger". But it's our job to inform our communities of the vaccination stance of our publicly elected representative, which is why we ran the story and which is why our story was chased by every other major



news organisation in the country. We were also the only news organisation to attend and give full coverage of the Hauraki-Coromandel Business Awards, sharing the story of the supreme winner and celebrating our business leaders throughout the region.

And we are also the only ones to cover education, sport, lo-cal government and events in our region. So when the Rotary





The Profile has continued to provide our communities with accurate, fact-checked and trusted information. Goldrush Market charity event didn't go ahead for the first time in decades because of exorbitant traffic management costs, we were the ones who found out why and let the community know it was the children who usually benefit from that event

who suffered. So it really has been a huge year for *The Profile*, and we will keep pushing hard to get those stories our readers need to know about and sharing accurate, fact-checked and trusted information that needs to be public

For those readers and advertisers who understand this and support us, thank you, we really appreciate it. Without advertisng, none of this would be possible. For those who don't, Î wish you well in your search for the ťruth.

- Teresa Ramsey, editor



MERRY CHRISTMAS AND HAPPY HOLIDAYS

Not long now until Santa pays a visit! The Valley Profile team wishes you all a very Merry Christmas and Happy New Year - thank you to all our readers, supporters and advertisers. In this Christmas feature, businesses throughout the region post their Christmas messages as we wind up for the big day on Saturday and the holiday break. This is the last Valley Profile for 2021 and our next issue will arrive in your letterbox on January 12.

Merry Christmas and a safe and happy New Year from us all at Thames Autos.

We will be closed from Friday Dec 24 and back on Monday Jan 17th

Thames Autos



The Valley Education team wishes everyone a very *Merry Christmas* and a *Happy New Year*. Thank you for your support.

The office closes 17 December and reopens 17 January 2022.



Merry Christmas and Happy New Year from all the team at Burtons Butchery. We will be taking a break from Christmas day and re opening on the 5th of January so get in early to avoid missing out.

Merry Christmas from the team at

HAURAIC FLAINS MOTORS LTD

Thank you for your continued fantastic support over the tough year we've had. We will be closing at 3pm Friday Dec 24 & stat days only.

Happy holidays to all our valued customers. Thank you for your ongoing support. Merry Christmas from our family to yours! MARMER 07 867 7393 Ngatea





Thank you to all my wonderful dedicated customers. Have a lovely Christmas and see you next year. I will be closing Dec 24th and reopening Jan 10. MERRY CHRISTMAS AND

Christmas Carols top off brass band's 75th year

By GORDON PREECE

The Kerepēhi Brass Band has spread Christmas cheer to local communities with Christmas and Christmas carols. The carols are the

main fundraiser for the band to pay the rates for their band hall, keep on top of equipment costs, and keep its more than 30 band members

happy. Band president Luke van Vliet said the Christmas carols were more important this year given the band's performances to celebrate their 75th anniversary were muted due to

Covid-19. "We had originally put huge amounts of planning into a big reunion for our 75th anniversary that was due to happen in September but three weeks beforehand Covid-19 caused it to shut down," he caid said.

'So we postponed it to November hoping to scrape it in but sadly we've had to postpone it again till August next year 'So it'll now be our reunion

for our 75th plus one anniversary.

This year, the band's first Christmas carols were held in Kaiaua on December 8 with the biggest crowd the band's seen in the past

three years they've performed there. Mr van Vliet said this was surprising given Kaiaua was put in a snap Level 4 lockdown in September after a positive Covid-19 case was detected in the area.

They were spread far and wide all on their picnic blankets with a barbeque going and everyone keeping their distance, which was good to he said. see The band have also performed carols in Ngatea,



Kerepēhi Brass Band perform at Ngatea's Late Night Shopping on December 10. INSET: Band president Luke van Vliet. Photo: GORDON PREECE

Paeroa, Waihī and Thames, with Rudolph the Red Nosed Reindeer, Jingle Bell Rock, Away in a Manger and *Silent Night* proving the most popular. Mr van Vliet said they had focused on keeping the band's performances outside post-Covid, as some band members weren't vaccinated.

"At this stage we're allowing people in the band to keep their distance if they feel a bit

insecure and we also make sure the public keep their space," he said.

'We don't have a vaccine requirement at this stage but if a venue requires it, the members are more than happy to let only vaccinated members attend.

The band will also be performing their biggest yearly event on December 23 with its fifth annual carols in the

Karangahake Gorge's mining

tunnels. "It's a multi-band event with bandsmen from the Hauraki and Waikato districts coming together to perform, Mr van Vliet said.

"In the last couple of years we've had huge crowds turn up where we've looked down the gorge and can't see the end of the crowd. It's a one of a kind experience and we encourage everyone to come along."





We wish you all a Merry Christmas and a Happy New Year

MERRY CHRISTMAS AND HAPPY HOLIDAYS Jaki's summer salmon salad Stay safe this Christmas RECIPE

As another year comes to an Aend and New Zealanders make the most of the summer break, St John is reminding everyone to stay safe and look out for their whānau, friends and neighbours.

While it's a relief to be able to travel freely across Aotearoa this season, albeit with restrictions, it's the busiest time of the year for St John ambulance teams, who re-spond to many car crashes and wa-ter incidents which could have been avoided by taking care on the road and in the water.

Last year, St John responded to over 1000 emergency incidents on Christmas Day across the country, with the most common being falls or back injuries, unconscious people and breathing problems.

St John deputy chief executive ambulance operations Dan Ohs said while it was understandable many people would be heading away o outdoors, it's important to take care and be mindful of whānau, friends, and people in our communities.

The festive season can be a difficult time for people with financial problems or those who live alone. We've noticed an increase in pa tients presenting with mental health problems around this time, so please check on those who are vulnerable.

There is some uncertainty as to what impact Covid-19 will have, as people reconnect and travel - and what impact that will have on emergency incident volumes," Mr Ohs said

"Please remember our paramedics will respond as soon as possible to life-threatening and time critical

Merry Christmas

from

The Public Office

We will be closed during

emergencies, but if your condition is not urgent, there may be a delay in getting an ambulance to you and we ask for your patience.

"In addition, if you interact with our frontline call handlers or ambu-lance staff – be kind. Our people are here to help you and we have a zero tolerance for verbal or physical violence towards our people.

As Covid-19 remains in the com-munity, St John urges New Zealanders to continue to observe Ministry of Health guidelines and make sure you scan the NZ Covid Tracer app wherever you go, have your vaccine pass ready, wash your hands regularly with soap and water, wear a face mask, and stay home if you are sick

St John wants everyone to have a relaxing and enjoyable Christmas and offers some useful tips: Drive to the conditions, be patient, eliminate distractions and ensure everyone wears a safety belt in the car.

If you venture to another part of the country, familiarise yourself with your location before you set off. Know your exact address in case you need to call for help. Find out where the closest hospital or A&E centre is and be aware that you may have to travel a long way to access medical help in rural or remote areas.

Take care around water, wear life jackets when boating and supervise children at the beach or swimming pool. Be sun smart! Slip, slop, slap and wrap! And drink responsibly Free health advice is available from registered nurses, 24/7 through the Healthline number, 0800 611 116. Always call 111 in an emergency.

As we are sliding fast into the season when we will have friends and fam-ily visit or stay, I thought I would share my beautiful salad that always feeds a crowd. The flavour combinations are just delicious, it's a doddle to make. Even though it's great for just two, it's even better to share with others and will easily feed six to eight people even with seconds! It's a great dish to place in the middle of the table and let everyone serve themselves. With the

addition of your favourite sour dough bread, it's a real winner! Merry Christ-mas to everyone - happy cooking, eat-ing and sharing with loved ones. - Jaki, Savour & Spice

White or black pepper Salad Ingredients Fresh salad greens (as much as you like)

1 bunch of asparagus rinsed and woody ends removed cucumber peeled, deseeded and

chopped 1 400g tin cannellini beans rinsed and

drained 3 to 5 boiled eggs (depending on serv-

ing size) 1 avocado, sliced

Parsley 1 tablespoon white wine vinegar or

Natalie would like to wish all our

A big thank you for your support

over a difficult 2021.

Our Xmas/New Year hours will be:

December 25th- 28th – Closed December 29th – 31st 9.00 – 2.00

January 1st – 4th- Closed

Customers a verv Merry Xmas

and Prosperous New Year.

Shane, Chelsea and



Davour

Jaki's summer salmon salad always feeds a crowd. lemon juice

Olive oil Salt and pepper METHOD Preheat an oven to 180 degrees celcius and line a bak-ing tray with paper. Make

the salmon mix that will be dotted through and over the salad by combining the salmon, mayonnaise, mustard, capers, a spring onion and a squeeze of lemon juice into a bowl and mix gently. Add the pepper to taste. Place the potatoes on the baking tray and combine with a drizzle of olive oil and the Garlic Mustard Pepper blend. Fit each one of the capsicum pieces on each of the corners. Place in the oven and bake for approximately 20 minutes, then place the asparagus spears on top and roast for another 10 minutes.

The capsicum needs to be charred, the potatoes tender, and the asparagus cooked but still with a bit of firmness. When cooked, leave the potatoes and asparagus to cool, and place the capsicum pieces in a plastic bag (or tightly

everyone in 2022.

We are closed from

25th of December and

reopen on the 3rd January.

Photo: SUPPLIED covered bowl) to steam

Once cool, peel off the skin leaving the lovely sweet flesh below, and rip into flesh below, strips. Place the eggs into a pan of boiling water and boil for five minutes. Cool, peel balf lengthways. Using a

then cut in half lengthways. Using a large platter start layering the ingredients. Firstly add the salad greens, then sprinkle over half the cannellini beans followed by half the chopped cucumber, spring onions, some sliced avocado and some of the pepper strips. Add some of the salmon mix. Next add the potatoes, along with a couple of the cooked, cut eggs, and more salmon mix. Continue from the beginning again until you have used all of the ingredients. Finally, add the whole spears of asparagus and the parsley.

always drizzle over some acid in the form of a vinegar or lemon juice at the end, with some olive oil and seasoning - a little sprinkle of the Garlic Mustard Pepper is delicious!



Thank you for supporting our small local business, we appreciate you

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Professional Profile on LinkedIn

606 Queen Street, Thames Phone 07-8686644 Resene *** Merry Christmas and a Happy New Year from the team. We will be closed from Dec 23rd to Jan 17th. PTS * PROFESSIONAL TRADE SERVICES

INGREDIENTS Salmon mix 2 tins salmon 2 tablespoons good mayonnaise (I use Best Foods) 2 teaspoons mustard (I use our Farmhouse French)

2 teaspoons capers chopped 3 spring onions

Lemon juice

Baby roasting potatoes – 1 bag Olive oil 2 tablespoons our Garlic Mustard Pepper spice blend orange capsicum cut into four pieces

This advertisement is authorised by the Hauraki District Council

HDC NEWS

Wishing you a happy and healthy holiday from all of us at Hauraki District Council



It's been another big emotional year with Covid-19 still in the picture. The real work starts now with managing our relationship with Covid-19 if and when it gets into our community. The good news is there is light at the end of the tunnel and it's Orange.

If we all stick to the simple rules of wearing a mask, signing in, good hygiene practices (hand washing, drying and sanitising and coughing into your elbow etc) and staying home (get tested if you're sick with cold, flu or COVID-19 symptoms), we can keep enjoying our stunning outdoors and all of our awesome council facilities.

As of going to print we don't require vaccine passes at any of our public spaces like libraries, pools and council offices. That may change, so keep checking in on our website for updates and let's all continue to look after each other, stay safe and keep smiling – it's the Hauraki way.

Aren't you glad you live and play in the Hauraki District?

There's a world of things to do and see in Hauraki over summer and we want you to have a summer filled with great memories. Here's some tips to help you stay safe and keep up the good times.

Walkies?

Although some of our reserves are dog free zones, especially over summer, we still have plenty of great spaces to take your best friend walkies. Check out our website for locations, times and who leads who. www.hauraki-dc.govt.nz/dogs

Getting festive?

Alcohol bans are in place in all of our towns, and in some other places like beaches and reserves. Plan before you party - check out the rules at www.hauraki-dc. govt.nz/alcohol-bans-hauraki

Mayor Toby Adams

Water restrictions likely over summer

Summer is going to be a scorcher. Water levels in our local rivers are already low so we're asking everyone to start using less water where possible. It's important to have enough water for our communities, our livestock, emergency fire services and our frogs and fish too. When water restrictions kick in, we'll let you know by radio, Facebook, our website and e-newsletter. Sign up at www.hauraki-dc.govt.nz/e-newsletter.

Keep an eye out for leaks

Just like 'Where's Wally', leaks can be hard to find. We really appreciate it when you let us know if you spot a suspicious puddle or patch of green where it shouldn't be. Call us 24/7 on o8oo 734 834. For ideas on smart water use visit www.hauraki-dc.govt.nz/smartwateruse

Building inspection paused

There will be no building inspections between Friday 24 December to Monday 10 January. The regulatory clock for processing building and resource consents stopped at 5pm Friday 17 December and resumes again on Tuesday 11 January 2021. Remember, if I poops, you gotta scoops! Help keep the sidewalks and public spaces poop free for everyone.



Council service hours for the holiday season

Ace the changes to our Christmas office and library hours and refuse collection days with this handy list. If it is urgent you can still reach us 24/7 on o8oo 734 834. But if Santa gets stuck in the chimney, you'll have to call o8oo NORTHPOLE!

Our Council offices

20 to 23 December - 8am to 4:30pm 24 December - 8am to 12 noon 25 December to 4 January - Closed 5 January - 8am to 4:30pm

Our Libraries

20 to 23 December - 9:30am to 5pm 24 December - 9:30am to 12 noon 25 December to 4 January - Closed 5 January - 9:30am to 5pm Ngatea

*8am to 4:30pm Mon to Fri only

Swimming pools

23 & 24 December - 6am to 6pm 25 December - closed 26 to 28 December - 11am to 5pm 29 to 31 December - 6am to 6pm 1 January - closed 2 to 4 January - 11am to 5pm

5 January - 6am to 6pm We now accept Eftpos at our pools Please wear a mask on entry. No vaccine pass required, entry limited to 50 people at a time. (as at going to print)

Paeroa Refuse

Transfer Station Mask wearing is mandatory on these sites. 25 to 29 December - Closed 30 & 31 December - 12:30pm to 5:30pm 1 to 5 January - Closed 6 January - 12:30pm - 5:30pm 7 January - 12:30pm - 5:30pm

Waihi Refuse **Transfer Station**

25 to 28 December - Closed 29 December - 10am to 4pm 30 December - Closed 31 December - 10am to 4pm 1 to 4 January - Closed 5 January - 10am to 4pm 6 January - Closed 7 January - 10am to 4pm

Kerbside refuse and recycling

Whiritoa

MON 3 JANUARY WED 5 JANUARY SAT 8 JANUARY Waihi, Waikino

MON 27 December Rubbish bags and all recycling WED 29 December Rubbish bags and glass Rubbish bags and all recycling Rubbish bags and glass Rubbish bags and glass

THU 30 December Rubbish bags and all recycling THU 6 JANUARY Rubbish bags only

Karangahake, Mackaytown, Paeroa THU 30 December Rubbish bags only THU 6 JANUARY Rubbish bags and all recycling

Ngatea, Kaiaua, Waitakaruru WED 29 December Rubbish bags only WED 5 JANUARY Kerepehi, Turua WED 29 December Rubbish bags and all recycling

Rubbish bags and all recycling

WED 5 JANUARY Rubbish bags only

No more searching for loose change down the back of the couch!

Paeroa, Ngatea and Waihi Community pools now have Eftpos and don't forget, under 5's are free and \$1 entrance fee for seniors (65+) between 7:30am -9am Monday – Friday. Now that's good old fashioned value for money.



Vater



Merry Christmas to all my loyal customers and thank you for your support during 2021.

The shop will be closed the stat days only.





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We also offer some fee paying short programmes – Barista and Driving lessons from learners through to full license options. Call us for pricing.

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Kaeleigh and Briana with the giant sunflowers. INSET: The centre's first flower. Photos: SUPPLIED

Sunflowers bloom for kindy kids

Central Kids Ngatea has entered the bi-ennial Dalton Sunflower competition to see which kindergarten nationwide can grow the tallest, widest and heaviest sunflower.

Teacher Jenny Bell said it was "all systems go" as the kindy took on the chal-

lenge. "The tamariki have shown a keen inthe tamariki have shown a keen in-terest in gardening this year and this is another fun way to extend their learn-ing," she said. The children began the project in Au-gust with a "propagation station" where

they planted seeds into small cardboard containers, which once sprouted were transferred into the garden. "The tamariki have taken ownership

of this project. They have been busy watering the sunflowers with the worm tea from our worm farm, helping to hammer in stakes, tying the plants and weeding the garden," she said. "The sunflower competition is a great way to extend the children's gardening

interest as they have planted putiputi and hua whenua seeds throughout the year that have resulted in lovely flowers and vegetable seedlings to brighten our environment and share with kindergar-

ten whanau. "Gardening is a wonderful way for children to take responsibility, sustain an interest, explore science and investi-gate maths concepts through measuring and comparing the different plants.



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Mapping the forest

A nature survey was undertaken by Paeroa College students and members of Paeroa Streamcare on December 9 at the Millennium Forest in the Aorangi Stream gully. With help from Waikato Regional Council's Ruairi Kelly, the students were allocated different plots in which to identify plant species. There was also a visit from Landcare's Ric Balfour who took water samples from the stream. Reporter **KELLEY TANTAU** was there.



Kevin Waugh assists with Azariah and Keileigh's research.

hotos: KELLEY TANTA





Travis Cox, science teacher Darcy Knyvett, and Laith Ngatai.



Students Rebecca Harris and Natavia Metekingi, with Paeroa Streamcare's Mairi Jay.

Trish Waugh helps out Toby and Stanley.

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December 22, 2021, THE VALLEY PROFILE 17



Stay safe on the water

NEW

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JOCKEY WHEEL

Waikato Regional Council's new harbourmaster is urging boaties to be vigi-lant, with visitor numbers expected to spike this summer.

The warning comes following the ea-gerly anticipated opening of the Auck-land border on December 15 and as the council gears up for its routine increase in patrols over the peak season. Regional Harbourmaster Chris

Bredenbeck said: "It's been a funny old year, so we're excited to see locals and visitors alike getting back to it and having fun on the water this summer.

"But we're already seeing higher than usual activity as people blow off the cobwebs, and we're expecting it to get a lot busier still. Anecdotally, it looks like there'll be more vessels – understandably there's enormous demand for people to do things locally, and we've been told new jet skis coming in from overseas are already pre-sold.

"So, we're calling on people to make sure they know the rules before they head out. Always wear a lifejacket. Always

NEW

KEA 6x4 ATV

WITH CRATE

HAURAKI PLAINS

MOTORS LTD

watch your speed. And always carry two types of waterproof comms so you can call for help if you need to."

Mr Bredenbeck recently took over from former Regional Harbourmaster Richard Barnett, who retired this month after 15 years with the regional council.

"Richard played a major role in influencing positive behaviour change in our region, with lifejacket compliance now sitting at about 96 per cent," Mr Breden-beck said. "Those are some big shoes to fill, but it's a privilege to be able crack on, build on that good work and continue keeping our waterways safe for everyone to enjov

The council takes a no excuses ap proach to rule breaking. Anyone caught speeding or not wearing or carrying a lifejacket as required can expect to receive a breach notice that could lead to a \$200 fine Unsafe behaviour on the water as well as

maritime hazards and incidents should be reported to the Maritime Services team at Waikato Regional Council on 0800 800 402.





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Helping each other through COVID-19

With more cases of COVID-19 in the community, it's possible you and your whānau will be exposed to the virus. To make sure you're ready, have a plan in case you or someone in your house tests positive and needs to isolate.

Everyone who tests positive for COVID-19, and those who live with them, will need to isolate for at least 10 days to stop the spread of the virus. If someone else in your house tests positive for COVID-19, they'll be advised how much longer they need to isolate.

Make a plan

If you're travelling and away from home, know how you will get home or self isolate where you are.

While isolating, you will need to have all of your food and necessities delivered. You cannot go to work, school, church or any community or private events or gatherings. No one outside of the people you live with can visit or enter the home.

Most fully-vaccinated people with COVID-19 are likely to have a mild to moderate illness and will fully recover at home.

Who can help out

Be prepared in case you're exposed to COVID-19. Speak with a neighbour, friend, or whānau about the support you could need. For instance, dropping off food and supplies, and help with activities outside the house. Being ready is about people, conversations, connections and knowing what to do, so your whānau and community can help each other when needed.

Support while isolating

It's normal to feel anxious about isolating with COVID-19.

You'll have a support person who will contact you often to check that you and your whānau are safe and supported – even if you're travelling and away from home. You will also get a telephone number for 24-hour health support.

If you need more help or support to manage at home, you can access a COVID-19 welfare line.

What you'll need

To help you get through, you will need to have food, medications and supplies available to you. Find a detailed checklist to help you prepare at Covid19.govt.nz/prepare

Check what support is available for self-isolating at home and find more preparation tips at Covid19.govt.nz/prepare



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Narrow plank concern after death GET RESULTS



As part of a Valley Profile series, **MEGHAN HAWKES** explores our local history by seeking out stories of life and death in the Thames Valley

Asplash and a cry for help startled those working on a dredge in the Waihou River near Paeroa during a June night in 1922. Al-though illuminated by the dredge lights of around 300 candle power, the surround-ing area was very dark. The Public Work depart-

ment's dredge was engaged in stop bank work - part of the vast Hauraki Plains drainage scheme which in-cluded flood control of the Waihōu River. By 1922, a number of men were em-ployed in clearing away the willow trees from the river banks and constructing stop banks to keep flood waters from the farm lands.

Work often continued into the night and now Stephen Hughes, a winch man on the dredge who had been helping to connect one of the two pontoons, had fallen overboard. Donald Voung dredge engineer Young, dredge engineer, immediately jumped into the river and swam to where he heard the cry but when he got there, there was no sign of Stephen. Hiram



A dredge at work on the Hauraki Plains. Crompton scrambled into a boat with John Fox and they rowed towards the spot but could find no trace of him either. Dragging operations the next day eventually discovered Stephen's body in 18ft of water about 22 yards from where he was last seen.

It seemed Stephen had been walking over the con-necting plank between the two pontoons when he slipped and fell. At the in-quest, dredge fireman John Fox said he thought the plank should be wider. Constable McClincy

said he had heard complaints about the plank and he thought it danger-ous for men to work on the dredge at night time in winter. William Dykes, overseer and dredge mas-ter, said he never had any complaints in regard to the plank. More planks might, however, be used. A ver-dict of "accidental death by drowning in the Waihōu River by falling off a pontoon while following his usual occupation" was given. A rider was added recommend-

Photo: SUPPLIED ing the provision of more planks on the pontoons. The coroner highly commended the bravery of the engineer, Donald Young, in plunging overboard on a dark night and also commended the promptness of John Fox and Hiram Crompton in launching the boat and endeavour-

ing to locate Stephen. The mammoth Hauraki Plains drainage scheme, begun in 1908, had required strong hard-working men.

Workers included Dalmatians from the gum-digging fields, Australians based in camps at Turua and Ngatea, and local Māori. Working the dredges could be dangerous and there were many terrible accidents. Stephen was 39, a married man with six children who had lived at Mill Rd, Paeroa. Sadly his widow, Ethel, died just five years later. Their orphaned children were then cared for by their maternal grandmother, Mrs Mary Pitketh-ley, a local midwife and nurse. Stephen and Ethel are buried at Paeroa's Pukerimu cemetery.

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Ð

St John Thames

New public-accessible defibrillator

Thanks to the generosity of the Thames community and Thames Structural Welders, St John has installed an Automatic External Defibrillator, or AED, outside our complex at 1102 Queen Street, Thames. This AED is available to the public in an emergency. To gain access just call Ambulance on 111 and they will provide you with the code, and give instructions on its easy use.



St John - local people serving the needs of, and working hand in hand with, our community.

To find out information about how you can work with St John or contribute, please call Nikki on:

(07) 868 0555 or email nikki.tyrrell-baxter@stjohn.org.nz





600 Pollen St, Thames 07 868 6301 www.carsonsbookshop.co.nz 20 THE VALLEY PROFILE, December 22, 2021

www.valleyprofile.co.nz



84 Omen, 85 Begging, 86 Asphyxiate, 87 Reverse.

53 Omit, 54 Precede, 59 Tears, 60 King, 64 Assay, 65 Egg timer, 67 Helping, 68 Paradox, 70 Muddle, 71 Plinth, 72 Vigour, 75 Hopes, 77 False, 78 Dense, 79 Main, 80 Whoa

www.valleyprofile.co.nz

GARDENING Weather looks good for gardening

ishing you all a lovely Christmas with family and friends and a Happy New Year. Niwa recently predicted the likelihood of above average temperatures and the possibility of a cyclone passing near the country, bringing heavy rain and strong winds. In general though the weather is looking good for

gardening. Keep up the watering if it is dry. If you are going away on holiday try to organise someone to water your garden, it would be a shame to let the produce go to waste. VEGETABLES

Continue sowings of dwarf and climbing beans for an extended harvest, and continue with further sowings of beetroot as well. Carrots - main season sowings made in November-December will be growing rapidly. Thin the small finger sized seedlings and use. This will encourage growth of those left behind. Midsummer is a time when carrot rust fly attacks. Protect crops with insect control, consider Neem gran-ules also. Celery – Harvest outer stalks so plants can continue to

grow through summer. Plant out further seedlings. Cabbage, Cauliflower and Broc-coli: seedlings can be planted out but it is advisable to cover and protect from white butterfly caterpillars. Continue to harvest cucumbers and zucchini, watch the zucchini as they require daily picking. Early season pumpkins and squash will be ready for harvest. Eggplants and capsicum should be ready for harvest later



Harvest tomatoes as soon as they begin to colour.

in the month. Continue threeweekly sowings of lettuces and take advantage of any gaps in flower gardens also.

Potatoes – Continue harvesting once flowering is complete and the plants have died down. If not ready for harvest mound up the foliage to protect from the sun. Sweet Corn – October-November sowings of early maturing varie-ties will be ready for harvest by the third or fourth week of January. Harvest once the tassels have begun to shrivel and dry. Tomatoes – Harvest fruit as soon as they begin to colour, unless covered. Trim off bottom leaves as the fruit ripens progressively up the vine. This improves air cir-culation. Trim off laterals for the same reason.

FLOWERS Summer flower borders, including marigolds, petunias, nemesia, cosmos, delphinium and laven-der, are in full bloom. Little atten-

tion is needed at this stage. Dead heading and keeping beds weed free is important, mulch if possible to retain moisture. Water in the early mornings or early evening. Also in full bloom will be gladioli, carnations, chrysan-themums. Dahlias and canna and calla lilies are starting to bloom. FRUIT

Main season harvesting begins for stone fruits, peaches, nectar-ines, plums and late season apri-cots. Early season apples start to ripen later in the month. Citrus will need constant irrigation if possible. Summer prune early season stone fruit trees. This re-places winter pruning and helps prevent silver leaf disease. Con-tinue to harvest available fruits tinue to harvest available fruits, apples, citrus, berries and grapes enjoy the fruits of your labour. Keep soil moist around all fruit trees if weather is dry and consider mulching.

- Ngatea Garden Circle

Take care on our roads

Another Christmas is upon Aus and for many this brings an opportunity to spend time with the special people in their

We have had another strange, unsettled year and finally borders are down and travel is largely unrestricted. We definitely welcome visi-

tors to our beautiful area and we ask everyone to plan ahead, take care, and to keep yourselves and everyone else safe, whether it be on our roads, on the water, or Covid-19 related.

Unfortunately, this early summer period has already seen a number of families dealing with the loss of a loved one, or coping with serious injuries from incidents on our roads. Our sincere thoughts and condolences are with these families.

That is why we do what we do as road policing members to try and prevent families having to go through that pain.

The message is simple and for us all: make it click, don't

move off before everyone's seatbelt is on, turn your phone off, and enjoy the scenery; slow down, don't speed.

It may not be you who makes the mistake, but the faster you go the bigger the mess. Don't drink and then drive at

all. Plan to get a sober driver, call a friend, or mum or dad just don't get behind the wheel or on a motorcycle after drink-

ing. And parents: don't relax the And parents: uon creats the rules just because it is sum-mer; keep our young people safe. It's hot, we're out of lock-downs, school is finished, and there's a feeling of freedom, but this mixed with alcohol, but this mixed with alcohol, cars, and water can be disastrous. As a community, we pulled together and weathered the Covid-19 storm. Let's do it again to overcome the summer challenges. From our blue family to yours, have a safe and happy Christmas.

Sergeant Rachel Holmes, Thames-Coromandel and Hauraki Police





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SPORTS

Trust Games 'imperative' for Life Stylers

By KELLEY TANTAU, Public Interest Journalism funded by NZ On Air

To make up for the loss of this year's Special Olympics, which was cancelled by the latest Covid-19 outbreak, the Supported Life Style Hauraki Trust hosted its own weeklong 'Trust Games'.

Across five days, athletes performed in different

equestrian, relaxed and more and and the people and culture than concentrating and Tamara said it Tamara on winning. executive Marsden said it was "a week of smiles and laughter".

'We made it a fun event where Life Stylers and staff could participate if they wanted to, but [there was] no pressure. It was relaxed and more about joining in than concentrating on winning.

Back in August, The Profile reported on the 22 athletes from Special Olympics Thames Valley who were gearing up for the National Summer Games.

Of them were Carla Van Deventer (swimming), Henry Munro and Simon Ashby (bocce), Jonathan Read (athletics), and Kim Forrest (indoor bowls), who had been training weekly.

But in October, the Special Olympics New Zealand board was "forced" to make the "heart-breaking" decision to postpone the games, held in Hamilton, to December 2022.

Chief executive Carolyn Young earlier said the latest outbreak and subsequent lockdown had put the games "at se-

rious risk and could bowls, athletics, *fun event ... It was* Special Olympics swimming, bocce, *released* and *sevent ... It was* Special Olympics

So, the trust held trust's *about joining in* their mini games, helped to encour-- Tamara Marsden age other Life Stylers to participate

and potentially join the Specials Olympics team

next year. "The trust has two clear objectives: to provide quality support services for people with mixed abilities, and to promote and maintain the personal and cultural identity of Life Stylers, assisting them to achieve maximum physical, psychological and spiritual well being. "These kinds of events are imperative," she said.

The Trust Games brings all of this together through activities, teamwork, learning, growth, and fun for everyone involved. Whenever we ask



Competitors enjoyed the five-day event. INSET: Swimmers compete in the pool.

staff why they enjoy working at the trust, they reply because of Life Stylers, and events like these enable us to share the fun together and see Life Stylers enjoying life.'

Tamara also commented that although the trust encouraged eating healthy foods, the participants requested pizza for dinner at their disco celebration.





