

The Valley Profile

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New seat in loving memory of son

By KELLEY TANTAU

A new seat at Porritt Park in Thames has special memories attached to it.

It takes up two-thirds of the concrete slab it's been built on, and the rest of the space around it is for children like Boston Rohrlach, who was in a wheelchair.

Boston passed away in 2011, and the seat has been installed in his memory and that of friend Jackie Proctor, who died in 2020.

"Because Boston was non-verbal, and he couldn't walk or talk, he just loved to watch kids play," mum Arna Rohrlach told *The Profile* at the seat's unveiling on October 7. "He was seven when he passed away and (sister) Lexi was only three, so that was one thing he really loved to do, just watch his little sister play."

"So we positioned the bench seat so that you can see the whole park."

When Jackie passed away last January, she left money to Boston's trust, and Arna said the family wanted to use it to honour them both.

After discussions with the district council's parks and reserves team, and getting help from local landscaper Boogie Duffin, the seat was installed in what Arna said was the "perfect" location.

The seat features a plaque that references the *Five Little Ducks* song Arna and husband Kyle used to sing to Boston to calm him.



Family and friends of the Rohrlachs' attended the seat's unveiling in memory of Boston (inset). BELOW: The plaque references the *Five Little Ducks* song Arna and Kyle used to sing to Boston to calm him.

"There are a lot of parents out there that have a hard time with children, able-bodied children as well, and this is just a nice place to come and take a load off for a few minutes," Arna said.

"We have a beautiful town and we just wanted to add to it."

The family also hosts the bi-annual Bosty Bash fundraiser, a formal black tie event that raises money for Goldfields

School in Paeroa, where Boston was a student.

It was postponed this year due to Covid-19 restrictions, and was now set to be held in March, 2022.

Arna said the event, which started one year after Boston's passing, helped the family heal.

"The last thing I wanted was to not speak of Boston or talk about his difficulties."

"It was the hardest seven years, but it was the most rewarding."



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The *Valley Profile* is a community newspaper that delivers 100% local news in the Thames Valley region. We deliver 12,500 copies each Wednesday to every letterbox, reaching approximately 30,000 readers in Hauraki Plains, Paeroa, Thames, Thames Coast and surrounding rural areas, plus bulk distribution around the Coromandel Peninsula.

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'No'-vavax mayor faces backlash

By TERESA RAMSEY and KELLEY TANTAU

Thames-Coromandel's mayor faced national backlash last week after telling the *Valley Profile* she refused to have the Covid-19 Pfizer vaccine.

When the *Profile* asked Mayor Sandra Goudie if she'd been vaccinated, she said she was waiting for the not-yet approved No-vavax vaccine before getting her Covid-19 jab.

When earlier asked if her delay in getting vaccinated would be contentious among her constituents, she said she was "not saying no to vaccinations".

"Everybody has to make their own decision," she said.

Since then, Mayor Goudie faced national criticism about her decision, including calls to make vaccinations mandatory for elected officials.

Mayor Goudie told *NewstalkZB* she wasn't an antivaxxer and people should have the freedom of choice when it came to vaccinations.

"Who's to say that people in positions of leadership can't also have the right to express their own personal choices and freedoms - should I be denied that right?"

Mayor Goudie went on to compare vaccinations to the holocaust.

"I'm not going to vilify people for their choices," she said.

"It's getting to the point where you wonder whether you're going to start having to wear a star on the front of your clothing."



Coromandel MP Scott Simpson joined the team at Thames Vaccination Centre during the government's Super Saturday national vaccination event on October 16. Vaccination booths around the region and nationwide were busy during the event. There were 130,002 doses administered across the country over eight hours, smashing Prime Minister Jacinda Ardern's initial goal of 100,000. In the Waikato region, which includes Thames Valley, 10,158 doses were administered. Now, a total of 85 per cent of New Zealand's eligible population have had at least one vaccination.

Deputy Prime Minister Grant Robertson said in a press conference last week that Mayor Goudie's views were not helping get people vaccinated.

"I think it is particularly important for community leaders to show leadership and get vaccinated," he said.

"I don't want to personalise this to that particular mayor, but she is in the media, it is clear that she is espousing views that are not going to help us get vaccinated."

There were a very small number of people who won't be able

to use the Pfizer vaccine for medical reasons, "but it is a very small number of people", he said.

"Pfizer is a safe vaccine. Pfizer is a vaccine with one of the highest efficacies of anything that is out there at the moment."

"All around the world, millions of people have received it and it is safe. It is the vaccine we have and it is the vaccine we are asking New Zealanders to use unless there is a medical reason otherwise."

"We encourage all New Zealanders to get vaccinated, it is vitally important for all of our

future that we have as high a rate as possible."

Green Party co-leader James Shaw told *Newstalk ZB* public figures had an "important leadership role" and should be double vaccinated to ensure the health and safety of the people around them.

Seven Sharp host Hilary Barry also weighed in on the debate, commenting on the *Valley Profile's* Facebook page.

"The people of Thames-Coromandel deserve so much better," she said.

CONTINUED P15



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Thames Tides

Wed Oct 20	Thu Oct 21	Fri Oct 22	Sat Oct 23	Sun Oct 24	Mon Oct 25	Tue Oct 26
 Morning: 1:30am 0.7, 7:52am 3.3 Afternoon: 1:52pm 0.7, 8:06pm 3.4 Sunrise: 6:27am, Sunset: 7:39pm Best At: 12:20am 12:40pm Full Moon: Set 6:21am, Rise 7:10pm	 Morning: 2:13am 0.6, 8:34am 3.4 Afternoon: 2:32pm 0.7, 8:48pm 3.4 Sunrise: 6:26am, Sunset: 7:40pm Best At: 1:01am 1:22pm Full Moon: Set 6:46am, Rise 8:10pm	 Morning: 2:52am 0.6, 9:13am 3.5 Afternoon: 3:10pm 0.7, 9:28pm 3.4 Sunrise: 6:25am, Sunset: 7:41pm Best At: 1:44am 2:05pm Full Moon: Set 7:12am, Rise 9:09pm	 Morning: 3:31am 0.6, 9:50am 3.4 Afternoon: 3:47pm 0.7, 10:07pm 3.3 Sunrise: 6:23am, Sunset: 7:42pm Best At: 2:27am 2:50pm Full Moon: Set 7:40am, Rise 10:09pm	 Morning: 4:08am 0.6, 10:26am 3.4 Afternoon: 4:25pm 0.8, 10:46pm 3.3 Sunrise: 6:22am, Sunset: 7:43pm Best At: 3:13am 3:36pm Full Moon: Set 8:12am, Rise 11:08pm	 Morning: 4:46am 0.6, 11:03am 3.3 Afternoon: 5:05pm 0.9, 11:25pm 3.2 Sunrise: 6:21am, Sunset: 7:44pm Best At: 4:00am 4:24pm Full Moon: Set 8:49am, Rise 12:05am	 Morning: 5:23am 0.7, 11:41am 3.3 Afternoon: 5:46pm 1.0 Sunrise: 6:20am, Sunset: 7:45pm Best At: 4:49am 5:14pm Full Moon: Rise 12:05am, Set 9:32am

*Not for navigational purposes.
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www.tidewiz.com www.tidespy.com www.ofu.co.nz

MOON AND FISH KEYS

New Moon	First Quarter	Full Moon	Last Quarter
Good Fishing	Fair Fishing	Not So Good	

TIME DIFFERENCES FOR OTHER PLACES

To determine tide times at the following places, add (+) or subtract (-) the given time difference from the Thames times listed in the calendar.

PLACE	Hr	Min	LOW	Min
Coromandel	-0	05	-0	04
Whitianga	-0	02	-0	06
Tairua	+0	10	+0	21
Whangamata	-0	07	-0	07
Waihi Beach	-0	12	-0	12

Hauraki mayors call for higher vax rates

By KELLEY TANTAU

Three of Hauraki’s political figures have rolled up their sleeves to be double-vaccinated against Covid-19.

Now, they want others to rise to the occasion, in order to increase the district’s bleak vaccination rates.

Former mayors Basil Morrison and John Tregidga, alongside current mayor Toby Adams, have presented a “united” front over the importance of the Covid-19 jab.

Their stance came the same week neighbouring Thames-Coromandel Mayor Sandra Goudie received nationwide backlash after telling *The Profile* she was waiting for the Novavax vaccine to become available to the public, despite it not yet being approved by Medsafe.

While Thames-Coromandel’s vaccination figures were more promising at 64 per cent fully vaccinated, the Hauraki district had one of the country’s lowest vaccination rates, with 26.4 per cent of people without a single dose. The Hauraki district dropped two places last week to be the 59th ranked district in the country, out of 66 listed.

“The vaccination rate of Hauraki is low, and we don’t

know whether it’s low because there are people that just don’t understand the vaccination process, or just haven’t had the ability, through work and family commitments, to actually get to a vaccination centre,” Mayor Adams said.

“But when Auckland’s getting close to 90 per cent, and Marlborough is at 87 per cent, we should be leaders, and we should do it for our communities, our families, and for New Zealand as a whole.”

Mr Morrison, who was mayor from 1989–2004, said he got the jab not only for his family, friends, and colleagues, but also because of his role as a public servant. “We’ve got

two little great-grandchildren who are locked up at the moment in Auckland, and there’s no way in this world that I want to bring home Covid to them,” he said.

Mr Tregidga, who was mayor from 2004–2019, said he understood some people did not enjoy getting injections; however, they needed to realise this was not the first vaccine in history.

“Smallpox... polio... this is not dissimilar, but I’m not sure if the young ones understand the seriousness of [Covid],” he said.

“In those days, you didn’t

“People do have a choice, but they need to understand that, frankly, if they don’t get it, the risk is that we won’t be able to live the lifestyle we’ve had.”

- John Tregidga



Hauraki district Mayor Toby Adams, centre, and former mayors John Tregidga, left, and Basil Morrison are showing a united front over the Covid-19 vaccine.

Photo: KELLEY TANTAU

have a choice, you just got [the vaccine], and if you had a choice with polio when we were young... I’d hate to think of the devastation,” he said.

“In this modern world, people do have a choice, but they need to understand that, frankly, if they don’t get it, the risk is that we won’t be able to live the lifestyle we’ve had.”

The men reckoned there was no other council around New Zealand in which former

mayors would show a united front on the subject, with Mayor Adams hoping that in doing so, it would encourage the vaccine-hesitant to roll up their sleeves and “get the prick”.

He said he had done enough research to know the vaccine was safe.

“Read the science, hear from the medical experts, don’t watch Facebook videos about magnets sticking to your

arms...

“There are people out there with a genuine fear of catching Covid, and they want to get back to normal as quickly as they possibly can,” he said.

“While [the government] is saying you must go out and get the jab, it’s not so you can have more benefits than other people, it’s so the country can get back to some sort of normal like other countries have done.”



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News from Thames-Coromandel District Council

20 October, 2021

ADAPTING TO CLIMATE CHANGE

What are our options?

We need your input on the adaptation options for protecting and enhancing our coastline. This is part of a new phase in our major Shoreline Management Plan project. The project aims to ensure we have thriving and resilient communities as our climate changes.

What is happening?

We have four Coastal Panels made up of representatives from your communities working with our experts to reduce coastal flooding and erosion risks.

This important work will recommend a range of sustainable measures so we can adapt to the impacts of coastal hazards.

The options being considered range from soft solutions, such as dune restoration and wetland regeneration, to hard solutions, such as stop banks and rock walls or managed retreat.

We are holding public meetings to help you understand which protection and management options are being considered for your stretch of coastline. We want to listen to your views.

What can you do?

Familiarise yourself with our Shoreline Management Plan project tcdc.govt.nz/smp

Come to the public meeting in your area:

Venue	Date	Time
Thames Civic Centre conference room	Friday, 29 October	5pm–7pm
Te Puru Hall	Saturday, 30 October	9.30am–11.30am

Public meetings will be subject to COVID-19 restrictions.

Each meeting will begin with a presentation on the risks and hazards in your area, and the potential management options. There will then be time for questions and discussion with the Project Team.

Thames Community Board UPDATE

A word from the Board Chairperson, Strat Peters

“At our September meeting we allocated our Community Grants. We were really pleased with the high quality of the applications. The Thames Mountain Biking Club project to upgrade Karaka Track for mountain biking is well worth the \$20,000 of seed funding we allocated. Other groups doing good work in the community are putting on theatrical productions, parades, festivals and social service work. We always get far more applications than we have funding to allocate and unfortunately can't support every group. The Board's allocations are on tcdc.govt.nz/communitygrants2021” strat.peters@council.tcdc.govt.nz

The Board's next meeting is on 3 November, 9am at the Council Chambers, Thames. If you wish to speak in the public forum contact governance.services@tcdc.govt.nz Agendas are published two working days before meetings at tcdc.govt.nz/meetings, where you'll also find recordings of each meeting.

We would like your feedback on some issues out soon for public consultation:

LOCAL ALCOHOL POLICY – This controls when, where and how alcohol is sold. It doesn't regulate our alcohol ban areas – the Alcohol Control Bylaw does that. The policy came into effect in 2016 and it's time for a review. It went through a robust process when it was originally drawn up and we don't see any reason to change it, but what do you think?
Consultation runs 29 October – 29 November.

CEMETERIES BYLAW – Do you support revoking our Cemeteries Bylaw? We don't think it's needed any longer because behaviour in public cemeteries is managed through multiple other bylaws which can deal with any public health or nuisance issues that may come up.
Consultation runs 5 November – 10 December.

LOCAL GOVERNMENT LEADERS' CLIMATE CHANGE DECLARATION – We're seeking feedback on whether or not the Council should approve the Mayor signing the Declaration. In 2019 our Council decided not to sign the Declaration, and we are reviewing this following a High Court Decision after a Judicial Review of Council's position. It should be noted that feedback from the public consultation does not oblige the Mayor to sign.
Consultation runs 15 October – 12 November.

Go to tcdc.govt.nz/haveyoursay to give us your feedback on all these topics.

Plans are underway to develop the Sir Keith Park Memorial Airfield

Stage one of the development is open with six sites available to lease to build hangars. In the future there will be more sites for hangars, residential hangars and commercial activity.

The airfield development plan, hangar design specifications, lease information and documents, and the Thames Airfield Master Plan are available on our Council website at tcdc.govt.nz/thamesairfieldhangars

Our Coromandel Magazine is out now

After launching the digital version of our annual magazine about all things Council-related, we have now posted copies to our ratepayers who live outside the district, and have copies available at our Council service centres, District Libraries and visitor centres for people living in the district to pick up.

This year's edition is all about the blue revolution and riding the crest of the aquaculture wave. We look at how much the industry contributes to our district and what infrastructure builds are supporting it to help our local economy thrive.

You can check out the digital version of the magazine on our website – tcdc.govt.nz/ourcoro2021

Labour Weekend Kerbside Collections

There will be no Kerbside rubbish and recycling collection on Monday 25 October because of the Labour Day public holiday, so collections will be one day later for the rest of the week. Please check the schedule for your area at tcdc.govt.nz/kerbside where you'll also find our **Guide to Recycling on the Coromandel.**

Our Council would also like to remind people only plastic types 1 and 2, tins, cans, paper and cardboard can go in your wheelie bin. Glass goes in your Council crate and everything else goes in a prepaid, blue Council rubbish bag.

If you are leaving the district before your collection day, please take your rubbish and recycling to your nearest transfer station.

All transfer stations will be open over the long weekend until 5.30pm, including on Labour Day. Check hours and locations at tcdc.govt.nz/rts

Ngāti Hako wins first battle for maunga

By KELLEY TANTAU

Independent commissioners have declined an application for a second landfill on the outskirts of Hauraki, a move an Iwi leader said was “culturally significant”.

Two decades ago, Iwi Ngāti Hako fought to stop the current Tirohia landfill from being created on their tupuna maunga (mountain) Rae o Te Papa.

Twenty-one years later, when Waste Management applied for a resource consent to allow construction and operation of a second landfill at the site, with a capacity of three million cubic metres, the Iwi said it went against a memorandum of understanding (MoU) created between them and former landfill owners HG Leach.

It was of their understanding the landfill was not to be extended and once at capacity, it was to be closed.

The Iwi attended a hearing of the matter at Hauraki District Council back in June, telling *The Profile* at the time that Ngāti Hako was “always going to say no”.

Last week, the commissioners declined Waste Management’s application.

Iwi leader Josie Anderson said the ruling was “culturally significant”, and “environmentally aligned” with the view of most New Zealanders.

“[The] decision [recognises] a movement and widespread opinion that New Zealanders have serious concerns about how council’s are dealing with



Protestors voiced their message outside council’s Paeroa office during the hearing in June. (FILE PHOTO): KELLEY TANTAU

rubbish and the negative impact landfills have on whenua, and how simple education can provide immediate solutions to household waste minimisation.”

Waste Management general manager customer strategy and sustainability Ingrid Cronin Knight said the company was disappointed in the decision.

“The growing Waikato, Bay of Plenty, and Gisborne regions require a solution to safely and economically manage waste, and extending landfilling op-

erations at Tirohia is the best solution with the least environmental impacts,” she said.

“At the current rate of filling, the existing landfill at Tirohia will be full within the next two years, and resource consent was sought to build new cells at a second site within the boundaries of the land.”

She told *The Profile* the company acknowledged Ngāti Hako’s concerns, and would continue to engage constructively.

It recognised their important connection with Te Rae-o-te

Papa and agreed on the need to protect Papatūānuku, the awa and Ranginui.

The company was now reviewing the commissioners’ decision in detail, she said.

Hauraki District Council Mayor Toby Adams said Waste Management had a 15-day appeal time.

He acknowledged the earlier “confusion” over an omission of a condition in the MoU and said he was happy that the process was now being “followed through.”

Old hall in Kerepēhi destroyed

A structure fire that gutted a building in Kerepēhi last week was caused by a weather-related electrical fault, Fire and Emergency NZ have confirmed.

Brigades from around the Thames Valley attended the blaze on Kerepēhi Town Rd, just before 1am on Monday, October 12.

The Profile understands the building was an old hall that wasn’t in use at the time of the fire, but a Fire and Emergency (FENZ) spokesperson did not confirm this.

“This was an electrical fire that appears to have been weather-related,” they said.



The remnants of the old hall in Kerepēhi. Photo: NIKKI SANDERS

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Rural Life

Wetland clarity needed - WRC

Waikato Regional Council is calling for further clarity to proposed amendments to wetland regulations as part of the government's 'Essential Freshwater' package.

The government released *Managing our wetlands: A discussion document* for consultation last month, which responds to issues raised by various stakeholders and partners on the implementation of the wetland regulations in the National Policy Statement for Freshwater Management 2020 (NPS-FM) and National Environmental Standards for Freshwater (NES-F).

The issues predominantly related to interpretation difficulties with the current definition of 'natural wetland' and the lack of consent pathways to enable certain activities and developments.

The Strategy and Policy Committee has endorsed the council's submission on the discussion document.

Committee chair Pamela Storey said there had been endless questioning of the proposed regulations to date and it was important for the Ministry for the Environment to get on top of any ambiguities.

"A significant amount of the regional council's work goes into working with iwi and landowners to stop the degradation and loss of wetlands, and to restore them," Cr Storey said.

"While there's been an attempt to improve the consistency and clarity of the provisions by the Government, further work is required. It's critical to remove any ambiguity that remains. It's important that our landowners and our communities have clarity on what they can and can't do, and where and when consents are needed.

"While it can feel frustrating to be in an environment of constant reform and



submissions, it is essential to have a regional voice in these matters to ensure we're standing up for both the environment, as well as the people who operate within it."

The council's draft submission expresses overall support for the amendments but makes specific recommendations on the definition of 'natural wetland', particularly how it relates to constructed wetlands, flood scheme land, the coastal marine area and pasture. The submission also makes recommendations on proposed consenting pathways for quarries, fills, mining and urban development to ensure that the regulations are clear and enable the council to protect wetlands, manage and limit adverse effects and continue to meet its obligations under the Resource Management Act.

The NPS-FM aims to embed long-term change through regional plans, including policies to restore wetlands, and the NES-F sets out the consenting pathways for certain activities in and around wetlands.

These documents are the main sources of national direction and rules regarding how natural wetland ecosystems should be managed.

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Young hunters

Thames Early Childhood Education Centre held its annual hunting and fishing competition recently to raise money for new equipment and improvements to its outdoor area. Even though Covid-19 restrictions limited entries, it was a very successful event enjoyed by many. Prizes were won for the heaviest snapper, heaviest kahawai, heaviest rabbit and heaviest possum, as well as mystery and spot prizes on the day.



The checkpoint for the possum collection. Photos: SUPPLIED/CATHY LOVERSUCH



A young contestant is pleased with his entry.



Beau shows off his catch to his friend Lexie.



The crowd gathers for competition.



A competitor checks in his haul of possums.

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Brunton House a showpiece for design bravery

ADVERTISING FEATURE

By KELLEY TANTAU

Everything inside Brunton House has a story to tell. Even the row of blue glass bottles in the kitchen, amassed by stopping at “every recycling centre between here and Te Kaha”.

Or the artwork by the dining table, which was an old gate that had to be soldered back together, repainted, and then hung.

Even the black ladder that was found rotten and underneath the house. It now stands tall with a handful of wicker baskets hanging from it.

“When my mum passed away, she had all the baskets at her place,” Joanna Ferguson told *The Profile*. “I brought them all back here and hung them on the ladder. She’d have loved to have seen them.”

The whole property - one and a half acres of it - demonstrates a lesson in being brave.

Jo and her husband Rob bought the historic homestead on Parawai Rd, Thames, in 2004, and since then, they have coupled colonial elegance with modern colour.

In the music room, there is an ornate, floor-to-ceiling

mirror against a backdrop of orange velvet curtains. In one of the bedrooms, there is a large four poster bed. In the den, there is an old barrel filled with wine corks.

Rob said Jo has always had a design flair.

“There are so many examples of her artistic inclination, it’s quite amazing,” he said. “But over 20 years, we’ve also bought a lot of junk. We go down to the dump and see something we want to get that is very similar to what we’ve already got.”

Brunton House was built in the 1870s by prominent draper James Marshall, and has been the home of three Thames mayors.

It has five bedrooms, four bathrooms, three living areas, and several sunrooms.

There are high ceilings, stained glass windows, and a grand piano with The Beatles



Brunton House owners Rob and Joanna Fergusonson
Photo: KELLEY TANTAU



sheet music sitting on top. It doubles as a Bed and Breakfast, but is closed while Covid-19 restrictions linger and while the verandah undergoes maintenance from local builder Campbell Duff.

Rob and Jo have also enlisted the help of a local gardener

to spruce up the gardens ahead of summer.

“One of the things I’d say to anyone looking at a property like this is: keeping the place timeless does require a little bit of maintenance and updating from time to time,” Rob said.

“If you look at the house from a cost, investment, and

return point of view, you’d soon be tired of it. You’ve got to look at it as a living, breathing place you’d like to spend your time, otherwise it’s just another house.”

The decision to buy the historic homestead back in 2004 came easy to the pair.

CONTINUED P9

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Design flair for historic house

ADVERTISING FEATURE

CONTINUED FROM P8

The house hunt took Jo about half an hour.

“When I saw it, it was really run-down,” she said. “But we just loved it.”

However, the house was already under contract.

That sale fell through around three months later, and within 24 hours of the realtor’s call, Rob and Jo owned it.

Around 10 years ago, they moved the original kitchen, walls and all, to the back of the property and transformed it into a pool house.

New Zealand builder and television personality John “Cocksy” Cocks, who passed away from cancer in 2019, drafted up a drawing for the couple’s new kitchen, in-keeping with the aesthetic of the house.

It has now become one of the property’s imaginative features.

Over the years, the homestead has been a point of discussion for members of the public, and Jo and Rob said they loved talking about the property to people who were interested in it.

“We love it here so much, but there’s still more to go, and I guess that’s the key,” Rob said.

RIGHT: The Brunton House music room, complete with grand piano.

BELOW: The new kitchen after the original was moved to the back of the property.



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ADVERTORIAL

Floor Solutions offers helping hands with home reno

Creating a home you enjoy living in is now “more important than ever”, says a flooring and design company that has the experience and passion behind them.

Floor Solutions & Furnishings, owned by Thames couple Dee Stirling and Pippa Jackson, know what it takes to transform a home into an inviting and comforting space.

With 50 years of combined experience, the couple have renovated their own homes and understand how valuable it is to get people with experience and good advice.

“Colour is so important, and selecting the right flooring and furnishings make all the difference,” Pippa told *The Profile*.

“There are now so many options and products, it’s great to get good advice.

“Transforming a home into a style you love, to create an environment or theme you enjoy being in, particularly now is more important than ever.”

For more than 25 years, Dee has completed many large and detailed flooring projects for a variety of clients across the country.

Pippa, who may also be rec-



Thames couple Pippa Jackson and Dee Stirling know what it takes to transform a home into an inviting and comforting space.
Photo: KELLEY TANTAU

ognisable through her work with DVS and the lovingly restored Larimar Retreat in Brown St, Thames, has many years of experience in business and project management. She has worked within many industries and for a variety of clients,

from home-owners to architects, developers, and builders. Communicating well with clients was the “number one” most important thing, she said. “We need to ask the right questions and listen to what people want, and then we can

see how we can best find the right solution that fits their tastes and budget. “Keeping everyone informed is key, and having a personal point of contact makes it so much easier for people.” The company has also initi-

ated a weekly business coffee shout, which Pippa said was “more profound than we could have ever imagined”.

They also want to make a difference in their community, and do this by recycling “everything we can” and minimising waste.

“It saves the customers and the environment, and often helps those who can’t afford a warm surface. It’s extra time and energy but it’s so worth it,” Pippa said.

The company will come to you, with Pippa and Dee focusing their time and energy “in getting it right”.

And the advice for people ready to love their homes was this: “If you’re unsure of what to do, get some advice first. Mistakes can be costly,” Pippa said.

“And don’t be afraid to let someone know what your tastes are. From funky-retro to country classic, we can help you get it right.”

Floor Solutions & Furnishings also offer up free tips and suggestions. These, plus more information, can be found at www.floorsolutions.co.nz.

- KELLEY TANTAU



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The team at 100% Thames.
Photo: SUPPLIED

Kitchen is the beating heart

No matter what the design or layout of a house, the kitchen is its beating heart. So it's vital that the kitchen works seamlessly – to facilitate the meals prepared there, along with the more mundane tasks like washing up. But more than that, a well-designed kitchen will encourage easy social interaction and provide an element of theatre.

For good kitchen design to take place, early consideration of appliance selection is crucial. “The rapidly expanding range of appliance formats, shapes and sizes means that one-size-fits-all no longer holds for good kitchen design”, says Mark Milmine, owner of 100% Thames and 100% Whitianga.

“In spite of having the largest range of kitchen appliances on the peninsula, our stores can only display a small fraction of the products available. Our highly trained team will hunt down the right appliances for your lifestyle, to ensure you get the kitchen of your dreams.”

Early consideration of freestanding versus built-in ovens is critical. In premium kitchens, twin ovens and companion products are growing in popularity. “And customers shouldn't leave choice of rangehood format until it's too late for options,” Mark said.

Whilst almost all dishwashers (fit the same cavity, integrated dishwashers (hidden behind cabinetry) or twin single DishDrawers™ are finding favour among discerning renovators.

Possibly the largest trend in kitchen appliances, literally, is the rapid growth in demand for large format French-door and quad-door fridge-freezers. Having over 700 litres of capacity in the kitchen is appealing but, with some models measuring more than 1800mm high and 900mm wide, early product selection is vital.

“Our team is committed to helping customers secure their first-choice appliances, in a timeframe that fits their renovation project,” Mark said.

“Customers can no longer assume that every model is always in stock in New Zealand however we can help them navigate the challenging supply landscape – and together we can ensure their project is successful.”

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ADVERTISING FEATURE

Use colour to inspire

By ROBYN FORSTER

I love colour, absolutely love it. I love how different hues will stir an emotion, a memory or give me that 'right' feeling.

In saying that, my approach to interior designing is always to create a backdrop of neutrality with pops of colour that are considered and balanced - and able to be changed easily.

Let's face it, the colour you love today is influenced by many factors- season, fashion and environment, and those influences can change.

You may be drawn so wholeheartedly by a rich red ochre that you would happily drown one or ALL your living room walls in but along comes summer, bringing intense heat and your walls make you suddenly feel like you want to install air conditioning!!

I am not saying this scenario applies to everyone- your home may be south facing and cry out for an intense red colour to bring in some warmth or are in need of a snug feeling and that will still be relevant in a few years' time.

I am saying that colour can be used as an ever-evolving scenery which inspires and creates the personality of your home.

Hopefully it reflects how you feel, who you are or want to be and certainly changes and grows with you.

I remember painting a wall in my bedroom many years ago the



Colour can be used as an ever-evolving scenery which inspires and creates the personality of your home.
Photo: martynaszulist/Pixabay

exact colour I mentioned above, with a creamy feta hue on the rest of the walls- I was hoping to inspire passion (I was single at the time and needed all the help I could get).

However, it's not a colour I would want in my bedroom now. I prefer a calm soothing warm white with soft greens and pink toned terracotta.

Life is so crazy and urgently busy now for most people that calming surroundings are like a drink of moisture to the dry.

It is worth considering all the factors that influence your colour

choice for the interior of your home.

If you are not sure you will want to live with that bold accent wall for a couple of years, then do a neutral base and a large piece of art instead.

You can move the art around and pick out different hues to incorporate into soft furnishings and décor.

One thing in modern life is certain, we are always changing and so will our surroundings.

- Robyn Forster is the design director of Insider Interiors, The Depot, Thames.



Home decoration tips

Interior design is the art of understanding human behaviour to create spaces within a building, inside and out. Interior decoration, though, is the adornment of a space with life and beauty.

Here's what you need to know...

Find your style, your niche, your look. Easier said than done, right? Look around you, read magazines, save Pins, start boards, and you will start to see patterns in what you're saving and you'll find certain styles and looks coming through.

Don't feel held back by movements or particular styles; just gather what you love (the colours, the textures, the art) and make it yours. Own your style and you'll build a confident personal space that feels like home and is that realm of peace we all dream of.

List what you need and want

from a space and start to tick off solutions.

Furniture selection is a huge element in decoration. It may be the biggest purchase inside the home and usually dictates how a room is oriented or set out. Keep corridors within rooms for people to use. Don't crowd your room with too many big pieces.

Cushions and throws can soften a space like nothing else, but remember that greenery and natural tones also have the power to create soft vibes within a space. A rug has the power to make or break a space.

Applying design rules to the elements in your home (such as colour, texture, tone and size) will give the space a sense of cohesion and help you to create rooms worthy of any magazine cover.

- Jo Robinson, Home @ Station Rd

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EASY

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JUMBO CROSSWORD

42

- ACROSS
- 1 Sacred song (5)

4 Knitwear (8)

9 Severe food shortage (6)

14 Map book (5)

15 Elusive deceitful person (8,8)

17 Water vapour (5)

18 Take to court (3)

19 Diluted (7)

20 Mind-reading (9)

21 Hold tightly (6)

24 Film machine (9)

25 One who suffers for the sake of principle (6)

26 Go after (6)

29 Concerning schools, education (10)

31 And not (3)

32 Tell about (6)

33 Makes a mistake (4)

35 Realise (3)

37 Denuded (4)

39 Cruel ones (anag)(9)

40 Make known (9)

41 Shoe-ties (5)

42 Chum up with (8)

47 Graveyard (8)

51 Utilising (5)

55 New York island (9)

56 Light metal (9)

58 Pitcher (4)

59 Fish (3)

60 Set of clothes (4)

61 Hackneyed phrase (6)

62 Fuel (3)

63 Embellishment (10)

66 Young swan (6)
- 67 Intelligent (6)

69 Able to adjust to new conditions (9)

72 Hardly ever (6)

73 Character met by Alice (3,6)

75 Marzipan ingredient (7)

77 Tank (3)

80 Severe (5)

81 It is difficult to regain a lost reputation (4,1,3,1,3,4)

82 Dapper (5)

83 Follow secretly (6)

84 More ingenious (8)

85 False blow (5)
- DOWN
- 2 Type of acid (9)

3 Flowering plant (5)

5 Type of quartz (4)

6 Most noisy (7)

7 Business venture (12)

8 Lively ballroom dance (5)

9 At a greater distance (7)

10 Disguise (4)

11 Sewing implement (6)

12 Drastically reduce (5)

13 Crux (7)

14 Non-professional (7)

16 A like punishment (3,3,2,3)

22 Infected, pussy (6)

23 One-eyed giant (7)

24 Trailblaze (7)

25 Crumb (6)

27 Outlast (7)
- 28 House for horse (6)

30 Pen (4)

32 Gag (5)

34 Sordid and run-down (5)

36 Flying device (4)

38 Mature (3)

42 Shells (5)

43 Paying for (7)

44 Boy's name (4)

45 Stinging plant (6)

46 Finely chopped meat (5)

48 Collected souvenirs (11)

49 Letters (anag)(7)

50 Bitterly regret (3)

51 One-horned animal (7)

52 Small ingenious device (6)

53 Establish by evidence (12)

54 Good-hearted (4)

57 Provoke to action (6)

64 Complaint-investigating official (9)

65 Rich (7)

66 Strong desire (7)

68 Scottish city (7)

70 Inspiring wonder (7)

71 Quarter (6)

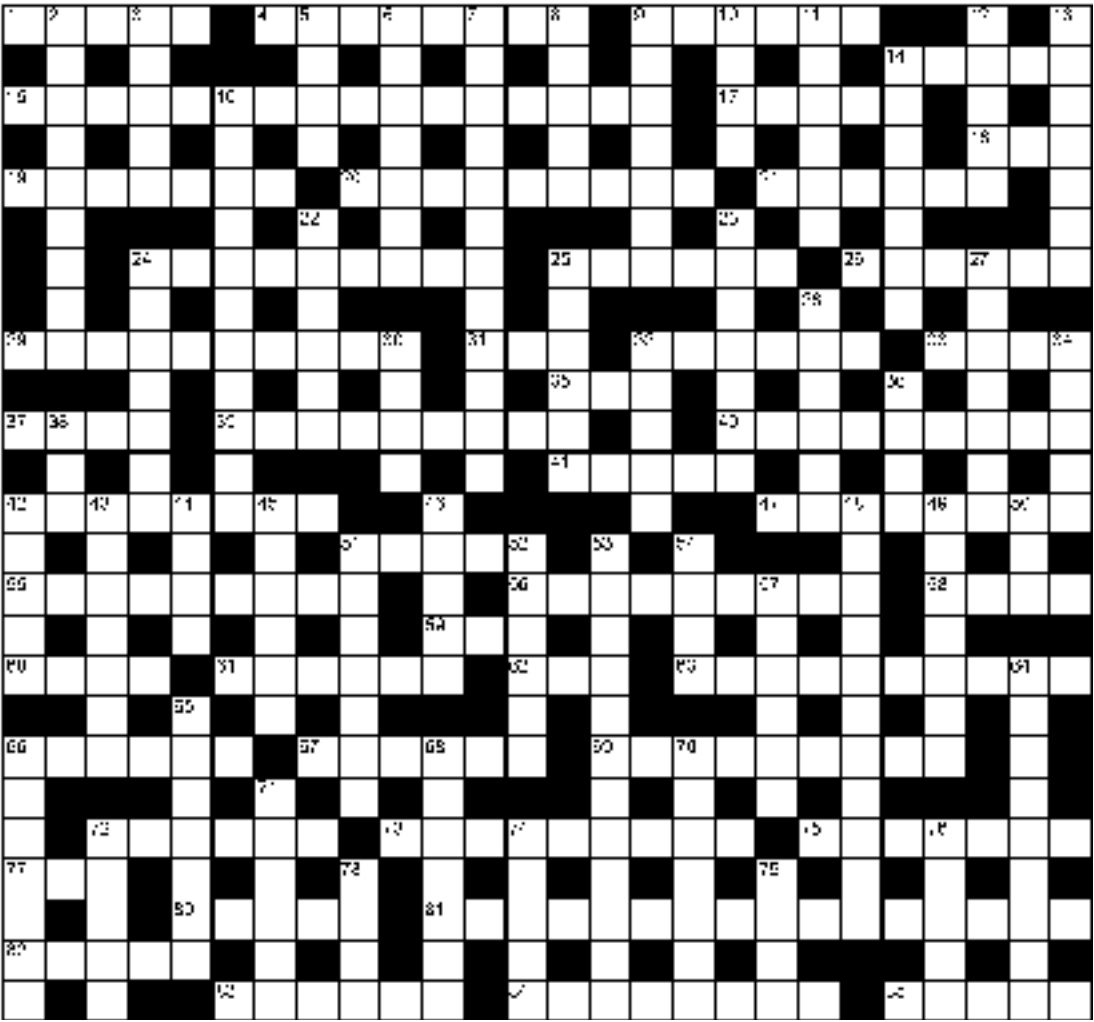
72 Condition (5)

74 Chaos (5)

76 Unit of weight (5)

78 Storage building (4)

79 Appraise (4)



DOWN: 2 Quiche, 3 Apart, 5 Iris, 6 Engrave, 7 Honest, 8 Gulch, 9 Maypole, 10 Arch, 11 Aerial, 12 Brake, 13 Deadpan, 14 Portion, 18 Hemisphere, 23 Helot, 24 Alfalfa, 26 Eternal, 27 Freckle, 29 Sultana, 30 Fabric, 31 Swear, 32 Fibula, 34 Fame, 36 Break, 38 Green, 40 Stun, 45 Sexes, 46 Ugliest, 47 Laps, 48 Rioter, 49 Floor, 50 Marbles, 52 Invitation, 53 Terrier, 54 Icecap, 55 Verdict, 56 Scowl, 57 Loft, 62 Jelly, 67 Refresh, 68 Carbine, 70 Erupted, 72 Calorie, 73 Ablaze, 74 Census, 75 Belief, 76 Swami, 78 Reach, 80 Creel, 82 Anti, 83 Able.

PREVIOUS SOLUTION

ACROSS: 1 Equal, 4 Give the game away, 14 Purée, 15 Rival, 16 Diagonally, 17 Curio, 19 Kid, 20 Whetted, 21 Falsehood, 22 Mantle, 25 Perimeter, 27 Feeble, 28 Loosen, 33 Waterproof, 35 Wee, 36 Brazil, 37 Flag, 39 Cur, 41 Trinket, 42 Embark, 43 Fluctuate, 44 Llama, 45 Scullery, 50 ME, 51 Maintain, 55 Villa, 58 Xylophone, 59 Rector, 60 Oversee, 61 Orb, 63 Stem, 64 Tender, 65 Law, 66 Theatrical, 68 Cotter, 69 Access, 71 Sculpture, 76 Strobe, 77 Quarterly, 79 Poacher, 81 Bow, 84 Stain, 85 Transcribe, 86 Helix, 87 Nymph, 88 Behind the scenes, 89 Cleft.

HEALTH & WELLBEING



Bowen Therapy relaxes and heals

The Bowen technique is a dynamic system of muscle and connective tissue therapy. Bowtech practitioners use thumbs and fingers on precise locations on muscles, tendons, ligaments of nerves, using rolling type moves. The gentle technique is appropriate for individuals of all ages and in all degrees of health. The technique encourages the body to realign itself - there is no manipulation of hard tissue and no force is used. During sessions clients often quickly drop into deep relaxation. The sessions seem to reactivate the recovery process in situations where healing from trauma, sickness or surgery has stalled or reached a plateau. The technique is appropriate for individuals of all ages and in all degrees of health. The Bowen technique treatment will take approximately 45 min and most of the work can be completed through light clothing. It is not a form of massage. Some of the conditions that re-

spond favourably to the treatment are noted on the Bowtech advertisement on this page. Pam Smith is qualified in the original technique and is also a registered Bowtech practitioner, on the back of many years experience as a Registered Nurse.

TESTIMONIALS

Following a knee replacement, I approached Pam Smith (Bowen practitioner) to assist me to recover from residual anaesthesia and reduce knee swelling following surgery. I am pleased to advise both issues were handled with dedicated care and fully resolved. My first recheck with my surgeon gave me encouragement the Pam's treatment technique was 100%. I continue to have treatments as required.

- Graeme, Thames

I experienced a painful attack of shingles across my shoulders, arm neck and head. Following Bowen treatment, the pain went away. A short time later I had a follow up treatment for my shoulders and neck and both have resolved.

- Jill I, Thames

What is Bowen?

Bowen is muscle and connective tissue therapy, appropriate for all ages.

How does it work?

Bowen encourages the body to realign/balance itself.

Some of the conditions that often respond favourably are:

- Back Pain/Sciatica
- Groin Pain, Pelvic Tilt & Uneven Leg Length
- Digestive & Bowel Problems
- Stress & Anxiety
- Fibromyalgia

- Respiratory Problems & Hay Fever
- Earache & TMJ Problems
- RSI, Carpal Tunnel & Tennis Elbow
- Migraines & Other Headaches

- Tinnitus
- Hip, Knee, Ankle & Foot Problems
- Colic (infants respond well)
- Neck & Shoulder Problems

Pam Smith
Registered Professional Bowtech Practitioner & Nurse

021 293 5896 • Thames
pamjsmith.nz@gmail.com
www.pamsmithbowen.com

Reflexology can improve:

- Poor circulation
- Broken sleeping patterns
- Muscle tension
- Mental health issues - stress & anxiety
- Headaches, migraines
- Sinuses

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Early glass, Lalique, Etling, Murano and other quality items

Quality items of crystal, particularly Waterford Crystal

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Collectables - Military medals and related military items, fountain pens, old signage, AA badges, cameras, scientific equipment, sewing items, sporting items including badges, medal ans programs, early crocks and bottles, postcards, early tin toys, teddy bears and dolls, all tools, shipping items and nautical items

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The Valley Profile

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LifeStylers celebrated in annual art festival

By DEBORAH MACDONALD BROWN

This weekend, Thames will host The Supported Life Style Hauraki Trust's Outsider Art Festival.

The annual event is a collaborative exhibition of works created by LifeStylers who are residents with the trust and people from Artists in the Making, Coromandel Independent Living Trust.

The themes of the festival are self-expression, community inclusion and celebrating diversity.

The term Outsider Art refers to works produced by artists outside the established art world who have not had formal art training or worked within the conventional structures of art production.

Art and creativity are ways in which people can tell their stories and relate to the world. However, Outsider Art is often undervalued or overlooked.

The Outsider Art Festival will bring the art to the public and will celebrate a unique group of individuals within our community.

Artist and creativity tutor, Deb Brock said the festival featured "an outstanding body of work created within our community that would not be seen elsewhere, and gives the artists an opportunity to sell their work".

"The works on display are of high quality and are for sale by the participating artists.

"There is a huge amount of self-worth for people when they see their art valued in a professional setting," she said.

ARTSIDER workshop, one of the vocational spaces of The Supported Life Style Hauraki Trust, is a creativity workshop space equipped with high quality materials so people were able to explore a wide range of artistic media.

Last year's art exhibition was a huge success, and thanks to a generous grant from CreativeNZ, this year the trust is able to have the works professionally framed and curated.

ARTSIDER tutor Nigel Sparrow said art had "always been an integral part of the core values of the trust from the beginning; somewhere to go, something to do".

The trust also recognises that: "we all need meaningful activity of some description to add to the quality of our lives".

DETAILS: Outsider Art Festival, GBD, 700 Pollen St, Thames, Friday, October 22, 5.30pm opening and art auction. More works on display at Lotus Realm, 714 Pollen St. The exhibition runs until October 31.

RIGHT: Adam Larkin works on his piece ahead of the Outsider Art Festival this weekend.





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Thanks to the support of our community, St John Thames has purchased a new AED. This will shortly be fitted to the fence outside of our complex at 1102 Queen Street, Thames. The public can access this defibrillator in an emergency by phoning 111 and asking for Ambulance. The code will be given to open the box.

Our complex is often unattended and the security gates locked. This initiative will help those who live in the immediate vicinity, and the passing public.

AED's can be operated by anyone, but we recommend everyone undertaking regular First Aid training. Have you done a First Aid course recently?

St John - local people serving the needs of our community.

To find out more information about AED's and or our St John First Aid courses, please call Nikki on:

(07) 868 0555 or email nikki.tyrrell-baxter@stjohn.org.nz