The Valley

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# Tango comes to Thames

#### **By KELLEY TANTAU**

For Jana and Sergio Corvalan, the tango is more than just a dance. It's a way to connect without words,

for two to move "together as one". "It's communication without talking," Jana said. "I'm so tired after talking all day, so [dancing the tango] is a moment of relaxation and peace."

Jana and Sergio met on the dancefloor in Argentina in 2016. Both had various experiences with the tango, with Sergio having been a dancer since he was five-years-old, and Jana teaching it to colleagues in California.

But when Jana met her husband, he opened her horizons, she told *The Profile*.

"I saw it not just as a dance, but I saw the background of it, the culture, and saw that everybody could do it. The therapeutic effect, that's the beauty of it," she said. "Tango is something special."

The pair have recently moved to Thames, and their passion for the dance has since inspired them to share it with the community. They will host classes inviting people to celebrate and learn the tango, with their next lesson being held on Friday.

Jana said the tango could be used to improve mental and physical wellness, as well as posture.

"When people usually start to dance [tango], I can see on their face that it's

addictive," she said.

Tango is a partner dance that originated in the 1880s along the Río de la Plata, the natural border between Argentina and Uruguay.

There, it is widely popular to see couples dance the tango in public.

"It's very common that people dance on the street, and it's something that attracts tourists to Argentina," Jana said.

The couple started performing publicly in Thames around six weeks ago, most notably at the Thames Market, and wanted to see how people reacted and if they enjoyed it.

And when they weren't dancing the tango, Jana worked full-time as a GP with Te Korowai Hauora o Hauraki, while Sergio was taking classes to learn English.

They will be teaching tango at Lotus Realm, Pollen St, Thames every Thursday for the next six weeks between 7pm-9pm.

Jana encouraged people of all ages, genders, ethnicities, and fitness levels to participate.

"When you start dancing, you discover your capacities," she said.

"Each individual has their own way of expressing emotions, and it translates to their body language, so in tango, we don't really talk during the dance.

"It's communication with embrace." Indoor & tropical plant based large plants, large selection of pots & planters! www.theplanteryshop.co.nz

The Depot, 715 Pollen St, Thames. Behind Café Melbourne

Issue 023 June 02, 2021

Corvalan will bring their passion for tango to the people of Thames. Photo: SUPPLIED

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# Electric vehicles on show at Thames expo

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Thames Autos

oFU3L - the number plate on the electric car said it all and explained the reason for the mini expo of electric held in Thames recently. Transition Town

(T3) organiser John Leenman didn't pull any punches when he gave the reasons why he owned a Tesla - no exhaust pipe and no carbon burned on travel.

"We are rapidly heading to the point of no return (with climate change)," he said.

'My four grandchildren are a big motivator. They are not going to live to our age unless we do something.<sup>2</sup>

### 'We are rapidly heading to the point of no return (with climate change)' - John Leeman

About 80 people attended the expo, held at the Thames-Coromandel District Council car park, with about 15 electric vehicles coming from as far away as Auckland and Opotiki on show.

The range of vehicles included Nissan e-NV200, VW Golf, Kia E Niro, Tesla Model 3 and Model X and a Kona, as well as a camper van, scooter and electric bicycles, showcased by Matthias John, and his wife Elena, directors of local



John Leenman, left, with members of T3 at the Electric Vehicle Expo held in Thames.

ularity of electric bikes, also

boosted by the Hauraki Rail

Matthias believed on-road

biking was still problematic for

some people and trusted a more

Trail and other cycle trails.

in towns and cities lies ahead. Thames business JollvBikes. The couple have offered sales, Also present at the expo was a service and rentals of e-bikes representative from the Better since 2015, and have seen a NZ Trust, Robert Nicholls. substantial growth in the pop-

He said the trust was a voluntary organisation to promote the uptake of electric vehicles in New Zealand by telling people what it was like to own one and help dispel some of the myths.

The vehicles on show were all state of the art – perfect for

Photo: SUPPLIED

people who love high tech . some are now capable of selfdrive and the range and battery longevity is improving year by year.

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For more information check out www.leadingthecharge.org or EECA.

- Deborah MacDonald Brown



# auraki business students find their cup of tea

#### By KELLEY TANTAU

Entrepreneurial Hauraki students have brewed up a tea just in time for the winter season.

Jade Dent-Bowering, Brooke Samuels, Natasha Otto, Imo-gen Bjerring, and Fairven Harris, from Hauraki Plains College, have created Elixr, an environmentally-friendly, vegan, organic and cruelty-free blend of tea.

The business venture is part of the Young Enterprise Scheme, a national programme in which students set up and run a real business.

Imogen Bjerring, the enterprise's chief executive, told The Profile the tea had its official launch this week.

"It's definitely becoming more of a trend to eat healthy, especially with Covid; people are more conscious about their health," she said.

"Our product is completely environmentally-friendly, and that's also become a popular subject."

Elixr's first tea blend, Health and Wellbeing, contains hibiscus flower, manuka leaf, lavender and lemon balm.

Imogen, 17, said the ingredients were high in antioxidants and good mood-balancers.

'In the future, we'll definitely be making blends that are more specific to certain things, like mood teas or teas just for digestion, or just for skin."

The herbs were "100 per cent" organic and locally sourced, she said. "We as a group did a lot of

research into different herbs and their properties and what would taste nice together.

"I ordered them in, and I was quite lucky with testing the ratios. Lavender is quite strong, so I didn't want as much of that, and manuka is sweeter, so I wanted more of that," Imogen said.

"It's a floral, herby tea, but it actually tastes very fruity.

The business is currently accepting orders through its Instagram page. In a pack, customers get 15 servings of the tea blend, plus two reusable, hand-made tea bags.

We'd done research into other reusable tea bags, and everyone recommended cotton as the best because it was reusable for a little while, and then after a couple of months, it was

biodegradable," Imogen said. "We really didn't want to leave any carbon footprint, so all the fabric we've sourced we've upcycled from secondhand stores.'

The biggest challenge was constructing the string of the tea bag to make it sturdy. To solve the issue, they added a wooden bead at the end of the string and avoided using plas-tic. The only plastic in the students' product was the lid of its



coffee cup, which was recyclable, she said.

For pricing, information and pre-orders, check out the business on Instagram: @elixr\_ naturaltea.

ABOVE: Elixr creators, back from left, Jade Dent-Bowering, Brooke Samuels, and Natasha Otto, and front left, Imogen Bjerring and Fairven Harris

**RIGHT: Elixr's first tea blend. Health** and Wellbeing, contains hibiscus flower, manuka leaf, lavender and lemon balm. Photos: SUPPLIED



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#### June 02, 2021, THE VALLEY PROFILE 05

### Kaiaua kids support gumboot day

#### By KELLEY TANTAU

Arow of wellies were lined Aup outside a classroom at Kaiaua School, in the Hauraki, on Friday.

They were there to adorn the feet of the students, who 'gumbooted up' in support of the annual Gumboot Fri-day fundraiser. Kaiaua School principal Karlos Bosson wore his gumboots alongside the children, and they all had hot chip butties as a treat for lunch. The school was one of many throughout the district to take

part in the day. The annual event first kicked off in 2019. It's run by I AM HOPE, a charity founded by Mike King, and its aim is to get people to pull on their gumboots and give a gold coin to raise money for free and timely counselling for any young person in need.

For more information, visit: www.iamhope.org.nz.



Cameron Oswald, Carter Maitland, Travis Maitland, and Hunter Lees Mamentu Faulkner support the cause.

Photos: KELLEY TANTAU



Kayla Mayhead, Katene Toluaki, and Maria Angell show of their gumboots.



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aiaua School rallied to support Gumboot Friday on May 28.

Students and principal Karlos Bosson 'gumbooted up' for Gumboot Friday.

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#### UPCOMING EVENTS

June 4: Punch & Platter for Pink **Ribbon:** Punch, bubbles and all you can eat gourmet platter fundraiser for the Breast Cancer Foundation: 6pm, 72 Puke Rd, Paeroa. Tickets: \$30, Ph 021 022 36997.

June 13: Gliss Harp Quartet: at St Georges Church, Thames, at 2pm. Tickets at the door or at Carson's Bookshop

June 19-20: Songs for Solstice: presented by St George's Community Choir, with Jono Dunlop and Michael Bell. St George's Church, tickets at the door or at Carson's Bookshop.

June 26: Shave 4 Starship: Ngatea Volunteer Fire Brigade from 3pm at the Ngatea Fire Station. Get involved and fundraise. All proceeds go to Starship. Bank Acc details 38-9002-0546884-08.

July 3-10: Thames Music and Drama presents Peter Pan & the Medallion's Secret, at Thames Civic Centre, July 3 -10.

August 13-15: 150 Years of Thames Rugby: Thames Rugby & Sports Club, Rhodes Park, catch up function, invitational game and celebration dinner. www.trsc. co.nz/150years.

August 21: Thames Valley Chess Championship: at the Thames Civic Centre Conference Room, Mary St. Must be level one to play. Free entry.

September 12: Trail Trilogy: Run or walk in five events on the Hauraki Rail trail, from 10km to 140km. More info: www.trailtrilogy.com.

October 5: Hotel California The Eagles Experience: A live concert and stage show saluting the extraordi-nary talent and timeless catalogue of The Eagles. Thames War Memorial Civic Centre, 8pm. Tickets: eventfinda.co.nz

October 16: Ngatea Garage Sale: Thousands flock to Ngatea to find a bargain. Main street, Ngatea, 9am to

#### LOCAL MARKETS

Kaiaua Seaside Market: held at The Boating Club in Kaiaua, 9-1pm, last Sunday of the month. Set up a stall or come along to hunt out a bargain. Ph 027 489 7850.

Karangahake Hall Market: Fourth Saturday of the month, 9am-2pm, 12 Crown Hill Rd. A great variety of stalls selling handcrafts, pre-serves, plants and more. Ph 027 678 2035.

Paeroa Car Boot Market: First and third Saturdays of the month, 101 Normanby Rd, weather permitting. Treasures, creative wares and yummy food. Ph 07 862 7833. Thames Market: Every Saturday in Grahamstown, 8am to 12pm. A huge range of stalls, fruits and veggies, arts, crafts, collectibles.

Turua Market: Third Sunday of the Month at Turua Hall, 9am to 1pm. Homemade food, lots of stalls. Contact Betty, Ph 027 696 7644.

**COMMUNITY CONTACTS** Classical Music Club: Kim Reid, Ph 07 862 3839

Corinthian Masonic Lodge, Thames: Colin, Ph 07 868 8196 or 021 259 6699

Craft Market: Lynette Mapson, Ph 027 617 4470 Diabetic Support Group: Thames

Hauraki, Barry Young Ph 07 868 6353

Goldfields Women's Institute: Ph 07 868 8984

Hauraki Bowling Club Mangatarata: Pene Koch, Ph 07 867 3380 Hauraki Cardiac Support Club

Thames: Ph 07 868 6148 Hauraki Country Music Club: Tina Haakma, Ph 07 868 3443

Hauraki Golf Club: Len Cameron, Ph 07 867 7660

Hauraki Plains Co-operating Parish: Jane, Ph 027 471 4654

Hauraki Plains Diabetic Support Club: Ryan Corr, Ph 07 868 855 Hauraki Plains Lioness Club: Jill

McIntosh, Ph 07 867 7373 Hauraki Plains Rural Show: Sonia, Ph 027 431 5825

Hauraki Plains St John: Call or pop into the Op Shop, Ph 07 867 8073 Hauraki Plains Youth Cricket: Anna Dodunski, Ph 027 466 4126 Hauraki RSA Memorial Club: Ph 07 867 7898 (evg) or 07 867 7301 Hauraki Vintage Machinery Club: Ph 07 867 7281

Jig Saw Puzzle Library: Mangatarata, Ph 07 867 3250

Kerepehi Brass Band: Rowan Garrett, Ph 07 867 6762 Kerepehi/Paeroa Indoor Bowls:

Ph 027 418 4300 Kerepehi Women's Institute: Ph

07 867 6002 or 07 868 8582 Mahjong: Nola Walker, Ph 07 867

7301 Music and Movement: Suzanne, Ph 027 337 2544

**NAAM:** move, create, meditate: 11am -12.30 Tuesdays, Thames. Leigh, Ph 027 497 8601

Ngatea Badminton: Jenny Adams, Ph 07 867 3028

Ngatea Chinwag Cafe: 10am-12 Tuesdays, parish hall, Darlington

Ngatea Community Garden: Jane, Ph 07 867 7245

Ngatea Garden Circle: Alice Douglas on 07 867 7463

Ngatea Indoor Bowling Club: Ph 07 867 6082 or 07 867 8015 Ngatea Lions Club: Bruce Foster,

Ph 021 043 9280 Ngatea Playcentre: President, Ph

027 327 5536 Ngatea Pony Club: Nicky HamListings are published at the editor's discretion and may be edited. Clubs and groups are responsible for keeping listings up to date

Email your community event or club or group notice to editor@valleyprofile.co.nz by noon Thursday the week before publication.



Electric Universe, pictured, is part of The Timeless Tour coming to Thames on June 5. The show will take attendees back to the timeless era of 70s rock and roll; when the guitars soared, the drums pummelled, singers swaggered and the audience partied like there was no tomorrow. The show is headlined by New Zealand's premier Jimi Hendrix Tribute band. Jimi Kara and the Bluesos play all the best Hendrix hits and sound as close to the real thing as you are going to get. Prepare for all your favourite tracks to be shredded with precision including Purple Haze, Foxy Lady and Voodoo Chile. Before that though, the party will kick off with Electric Universe, New Zealand's proudest classic rock export who have recently been signed to MR Records in Australia. The line up includes

blyn, Ph 07 867 7078

Ngatea Scouts: Kim Donaldson, Ph 07 867 7350 Ngatea Women's Institute: Nola

Walker, Ph 07 867 7301 NZ Red Cross Thames: Betty Sut-

NZ Society of Genealogists Thames: Pam French, Ph 07 868

6492 Paeroa Citizens Advice Bureau: Tuesdays/Thursdays 10am-1pm,

Paeroa Drop In: Every Tuesday 9.30am-12.30, St John Rooms

Paeroa Grey Power: Secretary Gail Locke, Ph 07 862 6256

Paeroa Society of Arts: paeroaartsociety@gmail.com

Wed Fri, Elaine Lally, Ph 07 862 8409

7373

poker players welcome.

867 7780

Solarpunk Aotearoa: John McKeowen. Ph 021 063 5483

St Paschal's Catholic Church: Ph 07 867 7401 and 07 867 7056 Tai-Chi exercise Kaiaua: Stacy, Ph 09 576 3705

Tasty Books & Wine Tasting: Anne, Ph 07 867 3367

Ph 0274 998 159

third Thursday of month, Ph 07

Thames Chin Wag Cafe: Mondays 12.30pm to 2pm, 608 Queen St

Thames Croquet Club: Dennis

Karl, Ph: 07 868 2423 Thames Dahlia Club: Paul Silvest-

er. Ph 07 868 9346 Thames Hauraki Parents Centre:

Meike, Ph 07 867 3163 **Thames-Hauraki Scottish Country** 

Dance Club: Ph 07 280 0631 Thames Heritage Network: Margaret Cropp, Ph 07 868 1024 Thames Lions Club: Ph 07 868

9873 or email: pandb@xtra.co.nz Thames Menz & Womenz Shed: Tony Winter, Ph 027 290 0023 Thames PickleBall Club: Tuesdavs.

10-11am, Ph 027 290 0023 Thames Probus Club: Meets second Tuesday of month, Ph 07 868

and Baz Mantis on guitar; Nigel Masters on keyboard; Patrick Hawkins on bass; Matt Baxter

on drums; and Jana Rose and Mazi Star doing the

backing vocals. The Thames show is free to attend

and guests are encouraged to get in early to secure

their spot. DETAILS: Timeless Tour, Saturday, June

5, 8pm at The Rocker Box, 476 Pollen St, Thames.

GIVEAWAY

Courtesy of EU Management, The Valley Profile

has TWO signed copies of Electric Universe's

record 'Timeless' to give away. To enter: email or

text your name and details: editor@valleyprofile.

co.nz or 0204 0944 853 by 4pm, June 4.

www.valleyprofile.co.nz

Thames Rotary Club: Warren Sly, Ph 021 772 351

Thames Ruby Redz Red Hatters: Ngaire Potter, Ph 07 868 3421 Thames Senior Indoor Bowls:

Tuesdays 9.30am - 12pm, St James Hall. Ph Val, 021 054 2337 Thames Tennis Club: Maree, Ph

027 217 1682 Club:

Thames Toastmasters Club: Meets 2nd and 4th Thursday, 7pm, at St James Church Hall. Ph 027 296 8585

Thames Valley Adult Riding Club: Helen Pooley, Ph 021 233 1245 Thames Valley Zonta Club: Pam Harsant, Ph 027 495 5583 or 07

868 9554 Totally Thames Inc: Deb MacDon-

ald Brown, Ph 027 228 8011 Tramping in Thames area: www. sporty.co.nz/kauaerangatramp-

ingclub Turua Playcentre: Estelle, Ph 027

371 8511 Turua Scouts: Leanne Scott, Ph

027 329 7887 or 07 867 8388 Women's Loan Fund: Cara, Ph 07 868 7820



P.O. BOX 768, THAMES 3540



Paeroa Community Programmes: Ph 07 862 9129

Paeroa Walking Group: 9am Mon

Probus: Jill McIntosh, Ph 07 867

Runner Runner Poker Club: Thursdays, 6.30pm at Punters Bar. New

crapbooking: Pam Tonks, Ph 07

5573 Thames 50+ Cycle Group: Chris, Thames Bonanza Club: Meets

**R18.** Free admission.

Thames Continuing Education: Fourth Wednesday of month, Ph

021 564 339

Thames Creative Fibre Group: Dana Catley, Ph 07 868 7310

### Whale stranded at Thornton Bay

### THE OLD POST Vintage Valley News

As part of a Valley Profile series, MEGHAN HAWKES searches through old newspapers to bring you the stories Thames Valley locals once read about themselves.

### 1950

The Vacuum Oil Company had plans for the establishment in Paeroa of very extensive bulk storage tanks and a pipe line which would make it an important centre for the distribution of motor spirit, diesel and fuel oils. One 5000 gallon tank, one 320,000 gallon, two 502,000 gallon and one 1,000,000 gallon tank were to be built on property acquired by the company adjacent to the storage tanks of the Atlantic Union Oil in Puke Road. It was intended to use sea transport to Ngahina wharf, Paeroa, and construct a pipeline to the storage tanks into which the company's products could be pumped direct from the transporting vessel.

A social afternoon and monthly meeting of the Waihi branch of the Women's Institute saw a large attendance of members and visitors. The rose bowl competition was won by the Ngatea branch. A demonstration was given on making flowers from wire and coloured cotton, and Mrs Page won the prize for the



Thornton Bay on the Thames Coast.

competition 'How many girls' names with four letters.' Much amusement was caused when each member related the most embarrassing experience of their lifetime.

A light truck carrying five employees of the Maramarua Forestry Department failed to negotiate the turn off to Kopuarahi just past the Piako Ferry and ran into a ditch. The truck was extensively damaged and three of the men were admitted to Thames Hospital. A group of Thames Valley farmers planned to open a fertiliser works. A ship would carry the finished product and raw materials to and from Auckland with a distribution system to cover most of the North Island. The company was to dredge an area of 24 square miles in the Thames estuary, removing such marine life and deposits as mussels, crabs, seaweed and non-edible fish. The Hauraki Shipping Company would run the 220 ton motor ship Hauraki Trader, which had been brought from Australia. The estuary had been transformed by three large rivers into an organic delta, with marine life feeding there and deposits containing elements of fertility needed to revitalise impoverished soil. Tests had proved promising. The company planned bulk distribution mainly from silo to farm.

A 24ft baleen whale stranded at Thornton Bay, Thames Coast, but died from injuries inflicted by a swordfish. The whale, which had a tail measuring 5ft 8in and a girth of about 18ft, was first seen threshing and spouting in shallow water early in the morning. Twice during low tide it was beached but it was difficult to approach because of the flailing tail.

Thieves broke in to the Cornwall Arms Hotel, Thames, and stole a small safe containing hundreds of pounds. The safe was later found broken up in a drain at Hikutaia. The Cornwall Arms was one of seven hotels with a liquor licence left in Thames following a cull by the Licensing Control Committee.

 Nate and Puriri team members at the Sky Tower Challenge.
 Photo: SUPP

### Firefighters do brigades proud

Roseanne Hitchman joined firefighters from around the Thames Valley and New Zealand to complete the gruelling Firefighter Sky Tower Challenge on May 22. It took the new mum 25 minutes and 14 seconds to ascend the 51 flights of stairs of the 382m Auckland Sky Tower. "It's a great experience doing it, and the encouragement from people when you're going up is overwhelming," she said. "Thanks for the brigade's and the community's support." The annual event was a fundraiser for Leukaemia and Blood Cancer New Zealand, and Roseanne, from the Puriri Volunteer Fire Brigade, raised \$570. She made the climb with four Ngatea Fire Brigade members, and together they raised \$5668. Meanwhile, Thames Volunteer Fire Brigade's Claudia Chaplin, Ashton Baird, Kaira Gordon, and Sid Rana also had impressive run times. Claudia conquered the climb in 19 minutes, 59 seconds; Ashton in 17 minutes, 31 seconds; Kaira in 24 minutes, 39 seconds; and Sid in 21 minutes, 21 seconds. They raised \$5895 for the cause. For those interested in volunteering as part of the Puriri brigade, call into the station on Thursdays at 7:30pm.







June 02 , 2021, THE VALLEY PROFILE 07

# **Rural Life** Planting 'for the long term' on Puriri farm

#### By KELLEY TANTAU

He may not be a farmer in the traditional sense, but Sam Dunlop has plans to spend the next few decades seeing native trees on his land flourish and thrive.

In March, 2020, Sam and his wife Stacey purchased a 16.5-hectare piece of land in Puriri from Stacey's dad, Bruce Stent.

"Bruce lived there for 30 years, and he still grazes the property out for beef. I'm not a farmer, but when you've got a block that size, you've still got to look after it," Sam said.

"Bruce has done a lot of pest control, and the whole hill used to be gorse, so we will still have stock because otherwise it'll get a bit unruly, but my focus is more on the trees."

At a biodiversity field day held on May 24 and hosted by the New Zealand Landcare Trust, Sam led a group of farmers and regional council staff around his Neavesville Rd farm.

'Biodiversity' meant a variety of plant and animal life was present in a particular area.

Of the 16.5-hectares of land, Sam has ambitions to plant trees on 8-9ha, starting with a 0.5ha strip of wetland where an inlet of the Puriri Stream used to travel

He has enlisted Waikato Regional Council and Landcare's Waikato catchments co-ordinator Ric Balfour to help.

"I didn't know where to start, and I didn't want to get an excavator in there to just dig it up and make a mess, so I got Ric involved," Sam said.

From that, Sam has since made a goal to establish a planting, maintenance, and pest control plan, and while initial planting should take one year, it may take up to five to ensure the trees were healthy and "working as they should".

Sam grew up on a 10-acre farm in Kōpū, and said his dad Ian planted "hundreds and hundreds" of trees over the vears.

He was hoping to do the same on his Puriri farm, and envisioned it to be a long-term, "40-year" project.

"It means I'll be able to see a lot of the trees in a mature state, which not a lot of people get to do," he said. "I love the area as well. Thames-Coromandel is my home and I want



The 0.5ha strip of wetland where Sam Dunlop is preparing to start planting. INSET: Sam Dunlop shows visitors around his Puriri farm, where he plans to plant hundreds of native trees. Photos: KELLEY TANTAU

to live here forever."

Ric Balfour believed Sam represented a lot of smaller-scale rural landowners, in terms of their level of interest and capacity to actively farm.

He said the latter was limited by having full-time jobs and farm sizes that were more lifestyle than production oriented. "I thoroughly admire his ap-

proach to managing the biodiversity of his property and his keenness to influence his inlaws and their larger adjacent block.

"He is also interested in starting a catchment group which is another admirable trait that I am seeing more of in the farming community," he said.

Landcare Trust was planning to host another workshop for interested people from the Neavesville and Maratoto valleys in July on how to start up a

**HUSTLER Round Bale Feeder** 

catchment group, and why they should get involved, Ric said.

"I would encourage more people to follow that interest, and by getting together, it makes a great community network.

"It also serves to connect people for mutual support, mental health, security and socialising. These side benefits to a catchment group are becoming evident across the country."

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The Valley Profile welcomes all new farmers and their families who have recently moved to our region for new the season.

In the following pages, you will find a valuable resource, with information and messages from our district Mayors and local businesses, who welcome all newcomers to our stunning corner of the country. We hope your big move was a breeze, you're settling in well and you enjoy exploring the beautiful Hauraki and Thames-Coromandel districts!

- The Valley Profile team



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Michael Duffin has worked with Miles and Diane for more than 40 years, he knows his cars and farm equipment. Along with Miles, he sells Honda ATVs and outboards, a wide range of farm machinery including Giltrap, Hustler, Vogel and Kea Trailers, plus a huge range of garden equipment, such as Masport lawn mowers, Echo chainsaws, barbecues, generators and anything that is needed to get the job done.

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Then there is Owen, he is seen everywhere picking up or delivering your ride-on lawnmower or fitting your new tyres Adam ordered for you or just repairing your punctures.

your punctures. Colin, Russell and Tash are our spare parts people, they can pretty much sort out anything you need to keep your equipment or vehicle running and keep you in the water with fishing gear and bait.

Diane, Michele and Robyn work in our busy office, keeping all the paperwork in order, greeting you on the phone or sending you in the right direction.

There is so much more that we do, just give us a call or come on in, if we can't help you we will find someone who can. - Hauraki Plains Motors





Much of what drives a herd towards a high and sustained milk production is established during the three months leading up to calving: the dry-off or transition period.

up to calving: the dry-off or transition period. Firstly, this period should allow the milk producing cells of the udder a rest and time to replenish. Secondly, it should ensure the herd has sufficient time to gain the required body condition to meet calving targets. Lastly, "warm the cows up" ahead of their big game – that is, ensure they are match fit ahead of calving

ing. These factors, combined with optimal feeding in early lactation, are key and contribute to a raft of other animal health and performance benefits. The dry period should be a minimum of 50 days and ideally not too long as cows lose their "fitness." However, reaching target BCS is most important so dry-off light animals early. Aim to have as much BCS on cows backs before dry-off, ideally at calving BCS if possible.

Give cows a break from magnesium for at least two months prior to transition diets being fed (these are high in Mag). Ensure cows don't lose any body condition over the dry period, feed calculations will ensure their requirements are met. Try and mirror your lactation diet with that of your springers – that is, if you feed starchy feeds such as maize or meal to your milkers then make sure your springers also receive a similar feed. Feed hay or straw to ensure rumen capacity is maintained. Create a comprehensive springer cow plan or policy for your farm. Ensure cows go into the dry period with optimal levels of Copper, B12, Selenium & amp; macro minerals, use liver biopsies to assess this. Use Eprinex pouron to get condition on cows and consider buying in concentrate supplements.

Supplements. Our team is happy to talk through your plans for transition to help ensure this critical period of the year is a success for you. - Dr Greg Lindsay BVSc, Franklin Vets

Welcome to all you new families from the team at Hauraki Plains Motors. Call in and see us for all your farming and servicing needs



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Favourite PLACES

The Hauraki and Thames-Coromandel districts offer the best of both worlds. Not only does this beautiful region contain some of the best dairy land in the country, it also features some of the country's top tourist attractions. So when you need a break, there's plenty to see and do.

The Valley Profile has com-piled a list of favourite places throughout the Thames Valley to get you started. WAIOMU

Nestled on the scenic Thames Coast, the beach town of Waiomu has a lot to offer. Here you can enjoy great food and coffee at the Waiomu Cafe or bring a picnic and enjoy watching the waves roll in from under massive pohutukawa trees in the Waiomu Reserve.

Once your bellies are full, take an easy 1-hour walk to the Waiomu Kauri Grove to see some of the country's largest kauri trees, some many hun-dreds of years old. If walking isn't your thing, hitch up the boat or take a fishing charter to the mussel farms, where the snapper are waiting. Or pack

your rod for some fishing off the rocks along the Thames Coast. Finish your day watching a

stunning sunset over the Firth of Thames

#### **KARANGAHAKE GORGE**

If you're fascinated by mining relics, tunnels and enjoy spec-tacular scenery, swing bridges and bush walks, pay a visit to the Karangahake Gorge.

Bush walks here range from ne family-friendly Windows the Walk through old mining tunnels to longer walks to Dickie's Flat or the top of Karangahake Mountain, where the vistas will take your breath away. Have a break at the Talisman Cafe across the road from the main car park before catching the train from Waikino to Waihi.

There are plenty of options when it comes to eateries, including meals, accommodation or tasting hand-crafted wines at Karangahake Winery Estate. **KAUAERANGA VALLEY** 

Explore the Coromandel Rang-es from the Kauaeranga Valley, a hidden gem tucked away behind Thames township.

Your first stop should be the auaeranga Visitor Centre, Kauaeranga



The Waiomu Kauri Grove walk takes you to some of the oldest kauri trees in NZ.

around 13km from Thames,

where you can learn the history of the area or check conditions

for a longer walk to either the

Pinnacles Hut or to more ma-ture kauri. A replica model dam

(built to scale) like those used in

the days of kauri logging is just a

short walk from the visitor cen-

tre. The Department of Conser-

vation also has campsites avail-

jumping and zip-lining down sparkling waterfalls with adven-ture company Canyonz. HAURAKI RAIL TRAIL

One way to see the entire re-gion in one go is to hop on your bike and explore the Hauraki Rail Trail. This easy, grade one, 197km cycle trail will take you from Kaiaua and Miranda in the north, to Thames, Paeroa and the Karangahake Gorge to Waihi, or Te Aroha and Matamata in the south.

There's plenty to do along the way. You can stop off at restaurants or cafes on the trail, such as the Bugger Cafe in Pipiroa, the Matatoki Cheese Barn, or the Waikino Tavern. If you need a break from the bike, check out the shops and museums during day trips or extend your ride by taking advantage of many great places to stay along the trail. - TERESA RAMSEY



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NGATEA RUGBY & SPORTS CLUB 1975 to 2021 The Ngatea Rugby and Sports Club (NRSC) warmly welcomes all newcomers to the Hauraki Plains.

NRSC proudly counts a mens rugby team, womens and mens hockey teams, junior and senior netball teams, and a mens and womens rugby league team in it's membership. Several of these teams have been regularly successful in Thames Valley regional competitions.

Our NRSC clubrooms are situated in the Hugh Hayward Domain where amenities include: The Hauraki Plains Netball Centre which has competitions for senior, secondary and primary school netball.

Senior, secondary and primary hockey teams all play their winter competitions at the Thames Valley Hockey Turf.

NRSC's senior rugby teams in the Thames Valley Rugby Union competition have their home games on the Domain fields that also cater for junior soccer and junior rugby in the winter and cricket, athletics and touch rugby in the summer.

All our teams encourage participation at all levels. We have a Club Code of Conduct that promotes respect, loyalty, good sportsmanship and camaraderie for all members

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The ballot for 2022 enrolment closes Wednesday 1 September at midday Out of Zone Information Evening Tuesday 24 August 7pm. For enquiries email Ngaire Harris, principal@haurakiplains.school.nz



Hello, kia ora and welcome to all the farming families who have made the move to Thames-Coromandel.

You may have already come here for a holiday but have you're about to discover what makes the Thames-Coromandel district such a great place to live: beautiful beaches, stunning coastlines, majestic forest-clad ranges, great schools, the best fishing in the country, delicious produce from the sea and the fields, and most important of all friendly people. So, as you get settled into your new home, take the time to explore your new backyard. Sample the fresh produce of our district by following the Coromandel Food Trail on the Destination Coromandel website: the coromandel. com. Get out into the landscape by fol-lowing some of the walks and bike trails in Your Coromandel Tracks and Trails Guide: tcdc.govt.nz/tracksandtrails. But life in the Coromandel isn't all

about fishing, surfing and tramping. Our council is putting in the hard work behind

the scenes to make sure we've got the economic foundation that will keep our communities thriving. Our local econ-omy is on a reasonable footing, but we know that globally it's still very shaky as the Covid-19 pandemic continues to play out around the world. That's why one of the key focuses in our long term plan for 2021-2031 that's about to be finalized, is investing in the essential infrastructure and services our district needs, such as keeping our communities supplied with drinking water, planning for more housing in the Thames area and addressing the impacts of climate change. We're also aligning our district's social and economic needs with funding opportunities central government has been signaling, particularly around housing and tourism recovery.

As you discover our district over the coming months, make sure you subscribe to our council's email newsletters: www. tcdc.govt.nz/subscribe, and like and fol-low us on Facebook (facebook.com/ThamesCoromandelDistrictCouncil) - you won't want to miss a thing!

- Thames-Coromandel Mayor Sandra Goudie



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### Meet the LOCALS Health practitioners under one roof

iginally built in the 60s as the Mc-Originally built in the 60s as the Mic-Millan & McPherson Accountants of-fice, The Clinic premises was untenanted in July 2018 when Holistic Practitioners Teryl Parker, of Paeroa ConTact C.A.R.E, and June Reid, of Balance Homeopathy moved in. Other practitioners have come and gone in the past couple of years, but now they have established The Clinic, a well-grounded bunch of local businesses with their entire focus on health, safety and wellbeing. Joining The Clinic in the past month are Wax-Out Micro-suction ear cleaning's Marieke Fourie; Reflexology's Shannon Siddins; and Major Oak Safety Training Ltd's Stu and Vanessa Hindley

### ABOUT THE TEAM:

PAEROA CONTACT C.A.R.E - Teryl has 12 years' experience, trained by creator and found-er Dale Speedy of Ngatea. Trained to lo-cate and release trapped bone pressure, relieving pain, tension and unresolved injury combinations to find the person's true personality again. Rebalancing the body's homeostasis by gently working with the body's natural systems. Also drawing on her knowledge gained from her diploma in Ambulance Practice.

BALANCE HOMEOPATHY - June qualified as a homeopath at the completion of four years of study with The College of Natural Health and Homeopathy. Homeopathy is a holistic alternative form of treatment useful for a wide range of conditions. As gentle and effective therapy, it supports each person as a unique individual towards physical and emotional balance.

wax-out - Mari has more than 30 years experience as a Registered Nurse, with specialist training in ear health. Microsuction is more comfortable and safer than syringing ears for cleaning. Old, hard wax can lead to permanent damage and



**REFLEXOLOGY** - Shannon has a Diploma in Reflexology with three years' experience and level 5 certificate in anatomy and physiology with honours. This ancient and natural form of healing treats the whole body through the feet. Reflexology works on the feet's reflex zones, gently stimulat-

ing the body's own healing response. MAJOR OAK SAFETY TRAINING - M.O.S.T is an award-winning company owned and operated by the Hindley family and servicing clients nationwide. We deliver a wide range of driver and mobile plant training including classes 2-5 and endorsements industry training/assessing, health and safety solutions across all industries. We are very proud to be local, having started the business in Thames just over four years ago then moving to Paeroa just over two years ago. We really want to improve our local offerings and help local businesses and individuals achieve their safety and training goals. The Clinic offers the convenience of tal-

ented practitioners under one roof for selfcare, health, and wellbeing. We comple-ment other therapies and allopathic medi-cines. All our therapies are non-invasive and delightful to receive in a comfortable and professional environment to provide a high standard of health care and safety to the Hauraki District and Aotearoa.

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# Meet the LOCALS



### The substantial benefits of nature

ost of us spent ample time in nature Most of us spent ample time in nature rocks, sand, water, and insects to name a few, or even just playing games outdoors with friends.

Little did we know that these fun activities were building our brains, bodies, and character for later life.

Today, ample research has shown nature exposure has numerous long-term ben-efits, most especially for our developing little ones. Outdoor play fosters children's intellectual, emotional, social, and physical development. Being outside feels good too, children are free to explore and move about, which relaxes, and reduces tension, anxiety, and restlessness. By being outside and surrounded by nature, children experience an ever changing and free flowing en-vironment that stimulates all their senses,

and as children take risks, try and fail, and try again, they also gain resilience and confidence.

These substantial benefits are why local early childhood legends Pukekos Educare in Thames are renown for their creative. magical and spacious outdoor environments. Their amazing experiences offer real, authentic learning, to give children daily opportunities to explore the wonder and awe of the natural world around them.

Furthermore, nature enhances a sense of peace and often brings out nurturing qualities in children in nature, children can play alone or connect with one another, learn to share, and problem solve. In the natural world, children often collaborate to make up games and rules because there









### The Ohinemuri Club

offers a range of facilities to meet your needs and provide you with entertainment. From bar and restaurant, to TAB and gaming machines, sport on the big screen, or 8-ball snooker, darts and 500 cards, it's all here for you to enjoy.

Ohinemuni Club The

Paeuoa (1918)

#### **TAB Gaming Facilities**

Full service TAB facilities, 12 gaming machines. Free 8 ball on 3 tables and a snooker table. big screen TV showing Live Sport on Sky.

### **Dart Club**

Thursday nights, register 6pm play from 6:15-9pm (depending on numbers) \$2 entry. 8 Ball Club

Tuesday Night 8 Ball runs from 6:00pm to 9:30pm (depending on numbers playing). This is drawn pairs with a \$3 entry per person. Fun night out!!

### **Family Night**

This is on the last Friday of every month. Bring the kids along for a fun night of games. 500 Cards

#### Friday nights from 6pm and every first Sunday of the month - start 1pm. **Raffles Night**

Money raffles are available on Tuesday nights with a lucky door prize of a \$20 bar voucher. Meat Pack Raffles are available Tuesday and Thursday nights for \$2 per number with two draws per raffle for lamb legs, t-bones, flounder (in season), and there are \$10 tickets available with 20 chances to win assorted meat packs.

### Dining

The Foodstop Catering restaurant is open on Thursday, Friday and Saturday nights from 5:30pm until 8:30pm with a great 'value for money' family style menu. If at any time you have family, friends or groups coming for a meal we ask that you please book in advance where possible. Contact Melissa on 021 029 20968

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ACROSS: 1 Equip, 4 Have a roving eye, 11 Aunts, 14 Wings, 15 Watercolour, 16 Scimitar, 19
Shotgun, 20 Under, 21 Focussing, 24 Desirable, 26 Acidic, 27 Escape, 31 Sneer, 32 Consumer, 54 Challenger, 38 Curator, 39 Fabric, 40 Alerts, 41 Haul, 42 Mystery, 45 Deportment, 50 Rapidly, 54 Clow, 55 Sculpt, 56 Prized, 57 Cologne, 60 Locomotive, 61 Illusion, 62 Hitch, 65 Resign, 66 Orchid, 67 Diaphragm, 72 Rationale, 73 Broke, 74 Abolish, 79 Bearings, 80 Disobedient, 81
66 Orchid, 67 Diaphragm, 72 Rationale, 73 Broke, 74 Abolish, 79 Bearings, 80 Disobedient, 81
67 Cora, 82 Wring, 83 The third degree, 84 Elder.

DOWN: 2 Quiche, 3 Ingot, 5 Atar, 6 Eternal, 7 Rocket, 8 Vile, 9 Neurosis, 10 Excess, 11 Administer, 12 Note, 13 Scrooge, 17 Pupil, 18 Punishment, 22 Rayon, 23 Vanguard, 25 Elegant, 26 Apricot, 28 Unruly, 29 Embryo, 30 Slater, 35 Rally, 36 Tour, 37 Fade, 42 Mogul, 43 Showcase, 44 Yachts, 45 Delivering, 46 Pets, 47 Replied, 48 Mainly, 49 Needs, 51 Ahoy, 52 43 Choncase, 44 Yachts, 45 Delivering, 46 Pets, 47 Replied, 48 Mainly, 49 Needs, 51 Ahoy, 52 43 Choncase, 44 Yachts, 45 Delivering, 46 Pets, 47 Replied, 48 Mainly, 49 Needs, 51 Ahoy, 52 43 Choncase, 44 Yachts, 58 Emigrating, 59 Coupé, 63 Childish, 64 Probe, 65 Rainbow, 68 Inkling, 69 Froning, 53 Lunacy, 58 Emigrating, 59 Coupé, 63 Childish, 64 Probe, 65 Rainbow, 68 Inkling, 69 Froning, 53 Lunacy, 58 Emigrating, 59 Coupé, 63 Childish, 64 Probe, 65 Rainbow, 68 Inkling, 69 Froning, 53 Lunacy, 58 Emigrating, 59 Coupé, 63 Childish, 64 Probe, 65 Rainbow, 68 Inkling, 69

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# **ENTERTAINMENT** Harpist brings *Gliss Quartet* to Thames

#### By ALLAN JUDD

When it comes to the world of harping, there is very little Thames musician Anna Dunwoodie hasn't done.

At the age of ten, after seeing a young harpist accom-pany herself while singing at the Thames CWI Competi-tions, Anna said to her mother: That's what I want to do, play the harp".

Anna was already a confident singer, pianist and guitarist, and enjoyed being in the cast of the Thames Operatic Society's annual shows. It took another five years to

find a teacher and a harp, and convince her mother, Geraldine, to take her to Auckland for tuition.

After studying performance pedal harp and education at the University of Auckland, Anna headed to the United Kingdom to work and travel. While over-seas, she attended harp gatherings and festivals.

These were the sorts of events I loved being a student in, and we were sorely lacking in harp events in New Zealand, so I thought ... I could do this back home"

More than thirty years on,

### SPORTS RESULTS

Anna has had the pleasure of seeing the harp community thrive in New Zealand, and it has much to do with her hard work behind the scenes. Ac-tive as a teacher, composer, performer, event organizer and general harp enabler, and until recently, editor of the NZ Harp Society journal.

Anna is responsible for bringing harpists from around the world, both to tour here in New Zealand in person, and now via her live monthly online Zoom Room Harp Chats right into the homes of Kiwi harpists.

In 2018, Anna organised a showcase in Auckland called 100 Harps as a way for members of the New Zealand harp scene to come together.

With seventeen harp busi-- teachers, performnesses ers, retailers and harp-makers involved, and more than 350 people coming to see the event, it was clear the future of New Zealand harping was very much alive.

In 2019, after teaching a fiveday course on Kiwi/Celt harp music at the Edinburgh International Harp Festival, Anna was asked to present a paper at the World Harp Congress in Wales about "Removing the



Having taught children with specific learning issues in schools, and with two dyslexic sons, she has a number of clever tips to advance the students with specific learning issues and raise the achievement of any beginner harpist.

Returning to Thames next week with the *Gliss Harp* 

Quartet, Anna is looking forward to showcase their unique sound with harpists Bronwyn McConchie, Lucy Makinson and Laura Robertson.

"Expect the unexpected harp music is not limited to any one genre or stereotype. We play music from the 17th-21st centuries in a programme that proves it can be difficult to fit

the harp into one box," Anna said. "You can look forward to a smattering of New Zealand compositions and our own arrangements, which will explore the full range of the instrument and its possibilities." DETAILS: The Gliss Harp Quartet,

St George's Church, June 13 at 2pm, tickets at the door or at Carson's Bookshop.

Email your sports results and/or photos to editor@valleyprofile.co.nz by noon Thursday the week before publication. Contributions are published at the editor's discretion and may be edited.



Thames Croquet Club cup winners with the club's patron Claire Twentyman (second left): Felix O'Carroll, left. Hilary Taylor and Dennis Karl. The club wound up its summer season with its AGM and prize giving on May 11. Even though the club's lawns were not up to standard for multi-club tournaments, we did hold some in-house tournaments and some members competed in tournaments in the Thames Valley area. Claire Twentyman, presented cups to the following: New Comers Cup - Felix O'Carroll; Cockburn Mer-cer Cup - Open Handicap Doubles Hilary Taylor and Felix O'Carroll; Pam Wyrt Cup - Primary level Handicap Doubles - Hilary Taylor and Sue Karl (absent); Day Cup Open Singles Dennis Karl. The Thames Valley, Waikato, King Country Challenge Shield was won by the Thames Valley Association and presented to eam captain Dennis Karl.

#### **KEREPEHI BOWLING CLUB**

The rain stopped early on May 12, and 19 teams from around the Thames Valley gathered to play four games (Joint sponsorship by Ravensdown, RMS Contractors, Valley Toyota, Tony Richards Toyota). Results: 1st 4 wins 21 ends 22 points, (Coromandel) David Weatherley team; 2nd 3.5 wins 19 ends 27 points, (Whangamata) Noel Rae, G White, George Love, G Vercoe; 3rd 3.5 wins 20 ends 25 points, (Paeroa) Paul Ryan team; 4th 3 wins 20 ends 8 points, (Tui Park) Ken Paul team; 5th 2 wins 17 ends 12 points, (Paeroa) Paul Cornish, Pat Bevan, Rob Neale, Gary Barbour; 6th 2 wins 22 ends 4 points, (Kerepehi) Ian Smith, Garry Parker, Leon Taipari, Wayne Sveistrup. Scheduled for May 27, 35 teams entered for the an-nual Cockies/Stockies (1 non-bowler per team) now solely sponsored by Whyteline Suzuki Isuzu Paeroa, Next month – June 12: June Opt 4s (Martyn Barriball Memorial); June 27: Opt 4s (Gordon O'Brien Memorial).





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# Paeroa College's history-making lacrosse match

#### By KELLEY TANTAU

SPORTS

When 14 players from Paeroa College stepped out on to a Tamahere field clutching lacrosse sticks, it was

a historic occasion, win or lose. In its 63 years, the school had never had a lacrosse team and now, an all-girls squad was up against a team from Morrinsville, battling to catch and shoot a rubber ball into the opposition's goal.

In the first match of the sea-son, and Paeroa's first match ever, the team came away with a 14-11 win, and no one was more ecstatic than coach Ursula Johnson.

Because not only was the game a momentous event for game a momentous event for the college, but early signs showed it could also be the start of the sport's take-over of the Thames Valley. According to New Zealand Lacrosse, la-crosse was one of the country's crosse was one of the country's

fastest growing sports. As early as 1885, teams were actively competing all over the country; however, the arrival of World War I and the dominance of rugby as New Zea-land's most popular contact sport took over and few, if any, records of the game in the mid-twentieth century existed.

"Lacrosse is a growing sport throughout Waikato," Ursula Johnson said.

"It's definitely gaining a lot of interest, but I think it's about the accessibility to it." Ursula started playing the

game when she herself was in high school.

She went on to represent New Zealand at the U19 world cup in Canada at age 17, and more recently, has been drawn to coaching and umpiring. She coached the NZ U20

women's team to the Asia-Pa-cific tournament in South Korea in 2017 and 2019, where the team placed third both years. She also went to Canada

in 2019 to umpire at the U19 World Cup. The girls from Paeroa College

have to travel to Tamahere, near Cambridge, each week-end to compete, and it was this sticking point which hindered Ursula in setting up a team earlier.

However, the time was now right and the girls were pre-pared, she said. "Going forward, I want to be

billing forward, I want to be able to start a league in Thames Valley so the [girls] would have the opportunity to play in the local area. The sport has to be accessible for people to want to play," she said.

Ursula, 31, who also doubled as the school's head of science, said she had an "holistic ap-proach" when it came to sport.

"I try to get players to give back, so, once they've got a cer-tain amount of skill, it'd be their turn to give back to the people coming through. I'm hoping to be able to have that happen at Bacea College ag well to at Paeroa College as well, to make sure it is a sustainable programme, because if it relies

Paeroa College's first ever lacrosse team with their coach, Ursula Johnson, right.

on just me, it's not going to be

sustainable as a sport." According to a Sport Waikato participation summary, fe-males aged between 15-18 par-ticipated in sport less than their male counterparts. Girls were also shown to drop out of sport quicker than any other defined group.

Ursula said about half of the Paeroa College team didn't traditionally play sports before picking up a lacrosse stick. "Getting more girls to play sports, that's what it's about," she said.

"If they haven't played traditional sports when they're younger, it's really hard to start in high school, but because lacrosse is a new sport, we tend to get a lot of girls trying it who don't play sports traditionally. And I think the opportunity to be active, to be a part of a team, and develop connections is re-

ally important." The secondary school girls' league will have its final match

Photo: SUPPLIED

on August 22. Paeroa College is currently utting forward its team in the B division, but Ursula said with more interest, more teams can be formed and players can im-prove on their skills.

"I've had so many positive ex-periences [from lacrosse] and want them to have the same experiences that I know have helped shape my life," she said. As long as the kids are doing

what they enjoy, and they're staying active, it's a win."

symptoms when using a

computer?

• Tired eyes • Headaches

• Fatigue • Light sensitivity Blurred vision

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